

SENIORS IN ACTION FALL 2022 WEEKLY SCHEDULE

MONDAYS:

9-10 a.m.	SIA CHI KUNG
10:30 a.m.-12:30 p.m.	SIA GAMES and GAMES' LEARNING <u>SEPT.</u> 19, 26: <i>WORD GAMES</i> <u>OCT.</u> 3, 17, 24, 31: <i>MAH-JONGG LESSONS for Beginners</i> <u>NOV.</u> 7,14,21, 28: <i>CANASTA or PINOCHLE</i> <u>DEC.</u> 5: <i>OPEN SIA GAMES</i>

TUESDAYS

9-10 a.m.	SIA SAIL EXERCISE CLASS
9:30-10:30 a.m.	BOOK CLUB Meets One Tuesday per month · September 20: Book Choice Meeting, Bring 3 Suggestions. · October 11 · November 15 · December 6
10:30 a.m.-12:30 p.m.	SIA MAH-JONGG
10:30 a.m.-1:30 p.m.	SIA GAMES @ the OFC

WEDNESDAYS

10 a.m.	SIA SPEAKERS & SPECIAL EVENTS (Check calendar for details. End times vary according to the activity).
11 a.m. or Noon	COMMUNITY CONNECTIONS (Check calendar for details. Start time & frequency many vary).

THURSDAYS

9-10 a.m.	SAIL EXERCISE CLASS
10:30 a.m.-12:30 p.m.	SIA BRIDGE
10:30 a.m.-1:30 p.m.	SIA GAMES @ the OFC

FRIDAYS

See Calendar	Sneak Peak: SIA DANCE with JOJO DIPAOLO: Oct 7, 21 and Nov 2
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Call the Front Desk 703-790-0123 or visit our website:

To Register: [MCC Online Registration \(activecommunities.com\)](https://www.activecommunities.com)

For Full Calendar and updates: [McLean Community Center - 50+ Programs \(mcleancenter.org\)](https://www.mcleancenter.org)

Questions? Contact Carrie Conley, SIA Program Manager, Caroline.Conley@fairfaxcounty.gov