

Seniors In Action April 18-22

MONDAY APRIL 18

11:00 a.m.-1:00 p.m.	Games MCC Hampton Room
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TUESDAY APRIL 19

9-10 a.m.	S.A.I.L. Exercise Class MCC Shelp Room
10:30 a.m.-12:30 p.m.	Mah-Jongg Practice & Play MCC Hampton Room
10:30 a.m.-1:30 p.m.	OFC Games Option Pool, Scrabble, Drop-In Bridge

WEDNESDAY APRIL 20

10-11 a.m.	Coffee Social & Hot Oatmeal Bar MCC Stedman Room Please R.S.V.P. so that we can plan for food accordingly Seniors In Action @ the MCC: April Speakers & Special Events (signupgenius.com)
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THURSDAY APRIL 21

9-10 a.m.	S.A.I.L. Exercise Class MCC Shelp Room
10:30 a.m.-12:30 p.m.	SIA Intermediate Bridge MCC Hampton Room
11 a.m.-1:30 p.m.	Ping Pong and Pizza @ the OFC 1440 Chain Bridge Rd. McLean, VA 22101

FRIDAY APRIL 22

N/A	No SIA Activities
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Save the Date:

4/25, 11-11:45 a.m Pet Therapy with P.A.L.S.

4/29, 12:30-2 p.m. Potluck [Seniors In Action @ the MCC: April Potluck \(signupgenius.com\)](http://signupgenius.com)