

## **Seniors In Action**

What's Happening at the MCC

Monday 11/1/21-Friday 11/5/21

Join us this week for:

### **Monday, 11/1/21**

**9 a.m.-10 a.m. Coffee Talk (Stedman Room)**

Let's talk about food! Recipes, Restaurants, Holiday meal traditions...

**11 a.m.-1 p.m. Games (Hampton Room)**

### **Tuesday, 11/2/21**

**MCC Closed, NO SIA ACTIVITIES**

### **Wednesday, 11/3/21**

**9:30 a.m.-12 p.m. Morning Mah-Jongg (Hampton)**

**10 a.m-12 p.m. Craft and Social Speakers (Stedman)**

**Digital Workshop Part Two, presented by Terri Blanchette of Time Sorters.**

Please note, this activity starts at 10 a.m. (a misprint in the Fall Guide incorrectly stated 11 a.m. start time). Please use the sign-up genius to R.S.V.P. (Must have attended session one to attend). Please email if you are interested in future Time Sorters sessions.

<https://www.signupgenius.com/go/10c0f4ea8a82eabfcce9-craft1>

**12:30 p.m. Afternoon Mah-Jongg — not a part of SIA, but free and open to all.**

### **Thursday, 11/4/21**

**9 a.m.-10 a.m. Video Yoga (Shelp)**

**10:30 a.m.-1:30 p.m. Drop-In Bridge (Hampton)**

We have bridge players interested! Bring a friend and play or just stop in to check it out. Weather permitting, we'll have a table in the inner courtyard for those who have expressed an interest in playing outside.

***OFC Option***

***Games (Pool, Table Tennis, Wii) 10:30 a.m.-1:30 p.m.***

**Friday, 11/5/21**

**11 a.m.-12 p.m. Tea & Trivia (Hampton)**

**7-10 p.m. Friday Night Bridge** - not a part of SIA, but free and open to all intermediate-level players.