MAGIC IS IN THE AIR

THE ALDEN’S 2022-2023 SEASON

FALL 2022

McLean Community Center
The Center of It All

PROGRAM GUIDE
SCHEDULE OF CLASSES, CAMPS AND EVENTS

SAVE 10% with early registration.
See inside back cover for details.

WE’RE GOING GREENER!
Changes are coming to our program guide distribution.
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PLUS
McLEAN HOLIDAY ART & CRAFTS FESTIVAL
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LETTER FROM THE EXECUTIVE DIRECTOR

IN THE SPIRIT OF HEALING, WELCOME TO MCC!

Fall colors, pumpkin spice, gathering at your favorite events with friends and family—we have it all this coming fall! As we look back on a year of losses as well as achievements, we have much to be proud of. And as we look ahead, we hope you will join us this fall to gather as a community and connect with your favorite friends, artists and teachers at MCC as we begin the long healing process from the past few years—COVID-19, racial reckonings and political changes. The Alden Theatre’s season is focused on this theme of healing to help us move forward together.

MCC served over 40,000 patrons in FY22, despite working through the ever-changing parameters of the pandemic and staff shortages. We are proud to give you a home away from home.

We launched new programs, like the Seniors in Action initiative, revamped our ongoing day trips and dances, as well as Thursday Game Nights at the Teen Center, and brought back showstoppers such as Les Ballets Trockadero de Monte Carlo and Bassem Youssef (both sold out) at The Alden. We built partnerships with county agencies with the Touch-a-Truck event last fall, had fun with all of you during our Winter Block Party and continued the fun with a Bubble Fun Run for our tykes.

Several of our staff members such as Andrew Carter, Kyle Corwin, Dave Craig, Holly Novak, and Danielle Van Hook have been recognized regionally or nationally for their innovative community-building work and programming.

We are wrapping up our Strategic Planning process, and are also launching a new, more user-friendly website this coming fall. We are grateful to you for all of your support through all these challenging years and efforts.

We had a record year where we pioneered the first virtual reality exhibit at MCC. The Traveling While Black Virtual Reality Experience was a one-of-a-kind experience that fostered dialogues of truth and reconciliation to move us towards equity and racial healing. The exhibit featured Mrs. Virginia Ali, the founder of D.C.’s own Ben’s Chili Bowl, along with other civil rights leaders who used the restaurant as a community gathering place. As the last secure stop for food, restrooms, safety and community before the Black community drove South, Ben’s has served as an anchor for decades. The VR experience took us back in time with the new technology and ended with an interview with Ms. Samaria Rice, who reminded us that though much has been accomplished, there is a lot more yet to be done. We received over 500 notes from participants of the experience, with many gems such as this one:

“I have the ability to be the change I wish to see, [and] the courage to stand up for the rights and integrity of people of color.”

MCC was excited to be at the intersection of community building, arts and technology—and recognized for the same by our neighbors and multiple local and national media outlets.

Looking ahead, we are excited to continue our national heritage month events, while adding a new cultural festival in the Spring of 2023. We are also very excited to be working closely with the Fairfax
County Park Authority to bring to life an amphitheater in McLean Central Park in the coming years as we listen and respond to your requests for more weather-friendly outside events and comfortable spaces in the warmer months. The amphitheater builds on our commitment to community building and we look forward to inaugurating it as part of MCC’s 50th Anniversary celebrations.

I wish I could narrow down my list of must-attend fall events, but every department is chock full of them and if I had my way, I’d love to see your smiling faces at each one of our events. Please encourage your neighbors and friends to sign up for our newsletters and follow us on our social media channels if they aren’t already doing so. We often put out sneak peeks and special offers there.

Lastly, I hope all of you will consider what it takes for us to heal collectively and find something in our many community building programs that nurtures and heals you as well. Please do say “hi” to me when we cross paths or share an event at MCC. As always, feel free to email me with your thoughts at daniel.singh@fairfaxcounty.gov at any time.

We look forward to welcoming you to the center soon.

To our health,
Daniel

**MCC PROGRAM GUIDE CHANGES COMING IN 2023**

To embrace the McLean Community Center’s commitment to sustainability and to address the rising costs of printing the center’s program guide, beginning with the MCC Winter-Spring 2023 session, MCC will no longer mail the program guide to district residents. Instead, MCC will send residents a “registration opens” reminder postcard. The postcards will have a QR code that can be scanned to view the guide online. A limited number of printed guides will be available for pickup at the center and the Old Firehouse. We hope you will join us in finding new ways to reduce, reuse and recycle—let’s take good care of our planet!

**WHO WE ARE, WHAT WE DO**

The McLean Community Center (MCC) was built and is funded by residents of Greater McLean for their use through a real estate tax surcharge, the result of a 1970 bond referendum (Small District 1A-Dranesville). Center facilities include the 383-seat Alden Theatre, the McLean Project for the Arts galleries, the Susan B. DuVal Art Studio, meeting and conference rooms, a rehearsal studio, a multipurpose classroom and catering kitchen.

Local open clubs and organizations use the center for their monthly meetings with a nominal charge. Center facilities may be rented for private functions such as business conferences, receptions, parties and recitals. District residents and businesses pay reduced fees. Registrations for McLean Youth Athletics and McLean Little League activities are regularly held at the center, and information on their activities is always available.

The center also operates the award-winning Old Firehouse Center, located at 1440 Chain Bridge Rd. in downtown McLean.

mcleancenter.org
FIVE NEW MEMBERS ELECTED TO THE MCC GOVERNING BOARD

The Fairfax County Board of Supervisors appointed five new members to McLean Community Center’s Governing Board on Tuesday, May 24. These residents of Dranesville Small District 1A won their seats by receiving the highest number of votes in the McLean Community Center’s 2022 Governing Board Election. The League of Women Voters of the Fairfax Area acted as tellers.

New adult members, who will serve three-year terms, are Kristina Groennings, Anna Bartosiewicz and Ari Ghasemian. New teen members, who will serve one-year terms, are Charlotte Loving for the Langley High School Boundary Area, and Sarah Tran, for the McLean High School Boundary Area.

For more information, call MCC at 703-790-0123, TTY: 711, or visit mcleancenter.org.

CENTRER NEWS

ADULT WINNERS

KRISTINA GROENNINGS
ANNA BARTOSIEWICZ
ARI GHASEMIAN

YOUTH WINNERS

LANGLEY HIGH SCHOOL
CHARLOTTE LOVING

MCLEAN HIGH SCHOOL
SARAH TRAN
MCC ADOPTS NEW STRATEGIC PLAN TO GUIDE CENTER’S NEXT THREE TO FIVE YEARS

MCC has adopted a new Strategic Plan, thanks to robust community participation and with the help of AMS Planning and Research, a company MCC engaged in the fall of 2021. The impetus for creating a new plan was a desire to better align MCC with a future vision as it approaches its 50th Anniversary celebration in 2025. The plan’s objectives include increasing MCC’s visibility, welcoming all of its global community and showcasing excellence.

Read the full plan on the center’s website, mcleancenter.org.

PUBLIC HEARING AND OPEN WORK SESSION ON FY 2024 BUDGET SCHEDULED FOR SEPTEMBER

RESIDENTS INVITED TO ATTEND AND SEND COMMENTS

The McLean Community Center (MCC) Governing Board invites residents of Dranesville Small District 1A to attend two meetings and to submit comments on the center’s fiscal year 2024 budget. The first meeting, the Finance Committee Meeting of the Whole, will be held at 6:30 p.m. on Wednesday, Sept. 7. The second meeting, the Public Hearing on the FY 2024 Budget is at 6:30 p.m. on Wednesday, Sept. 28. Both meetings will be held at MCC, which is located at 1234 Ingleside Ave. All meetings of the MCC Governing Board are open to the public.

The FY 2024 budget year begins July 1, 2023 and ends June 30, 2024. At the Finance Committee Meeting of the Whole on Sept. 7, MCC Governing Board Treasurer Shivani Saboo and the full board will work on the FY 2024 budget. The departmental and consolidated budget proposals will include a review of FY 2022 year-end actuals, the current year’s budget (FY 2023) and new proposals for FY 2024. The preliminary consolidated budget will be posted on the MCC website, mcleancenter.org, and will be available at the center a week prior to the public hearing.

The FY 2024 Budget Public Hearing on Sept. 28 will give residents a second opportunity to review and comment on the budget proposal. District residents who wish to speak at the public hearing are asked to call 703-790-0123, TTY: 711, to have their names placed on a speakers’ list. In addition, written comments may be sent to the Governing Board by mail (address to: McLean Community Center, 1234 Ingleside Ave., McLean VA 22101) or by email to Executive Director Daniel Singh at daniel.singh@fairfaxcounty.gov.

District residents may continue to submit written comments after the public hearing through Monday, Oct. 24. The Board will approve the FY2024 budget when it meets at 7:30 p.m. on Wednesday, Oct. 26. The final budget will be approved by the Fairfax County Board of Supervisors in spring 2023.

For more information, call the Center at 703-790-0123, TTY: 711, or visit mcleancenter.org.

FINANCE COMMITTEE MEETING OF THE WHOLE
Wednesday, Sept. 7, 6:30 p.m.

PUBLIC HEARING ON THE FY 2024 BUDGET
Wednesday, Sept. 28, 6:30 p.m.

Fill Us In!
COMMUNITY EVENTS

YOUTH EVENTS

HARVEST HAPPENINGS

Celebrate autumn with your family locally! Harvest Happenings is an indoor-outdoor festival with live entertainment, a petting zoo, crafts and games. Visit our pumpkin patch and purchase a pumpkin to decorate at the crafts station.

Saturday, Sept. 24, 11 a.m.–2 p.m.
Activity No. 4503.222
Free Admission. Registration is required.

TOUCH-A-TRUCK

Join us during the Fairfax County Public Schools’ holiday for this FREE event that gives kids and families the chance to see, touch and explore some of their favorite vehicles.

Monday, Oct. 10, 10 a.m.–Noon
Activity No. 4504.222
Free admission. Registration is required.

HOLIDAY GINGERBREAD HOUSE DECORATING

Celebrate the holidays with us! Families decorate a gingerbread house to make their own one-of-a-kind designs. We’ll supply a pre-built house, frosting and traditional and not-so-traditional toppings. Join us at the MCC for our annual fun, family tradition. Registration includes one gingerbread house.

Please Note: Parental supervision is required for children ages 12 and younger. Products may contain dairy, eggs, gluten, nuts and other allergens.

Thursday, Dec. 8, 6:30–8 p.m.
Activity No. 4505.222
Admission: $45/$35 MCC district residents

MILK & COOKIES WITH SANTA

Milk and Cookies with Santa is a new event for families! Meet and Greet Santa and other holiday characters and enjoy cookie decorating and snowy crafts. Milk and hot chocolate will be served. All children must be accompanied by an adult. All attendees must register.

Saturday, Dec. 10, 10 a.m.–Noon
Activity No. 4506.222
Admission: $20 per person. Free for children age 2 or younger.
FAMILY EVENTS AT THE OLD FIREHOUSE

FAMILY FUN BINGO
Join OFC for an evening of fun and prizes! Enjoy free popcorn and winners will take their pick of prizes! Preregistration is recommended.

Friday, Sept. 9, 7-9:30 p.m.
Old Firehouse Center
Activity No. 4701.222
$15/$10 MCC district residents

SNACK & PAINT
Whether you are a beginner or an expert, love snacks or want to get your hands dirty with some paint, come down to the Old Firehouse for our Snack & Paint night. Led by a professional art teacher, you will be able to create your own masterpiece with your family while having tons of fun doing so. All materials and snacks are included in the fee. Preregistration is recommended.

Friday, Nov. 18, 7-9 p.m.
Old Firehouse Center
Activity No. 4703.222
$15/$10 MCC district residents

OLD FIREHOUSE’S FESTIVAL OF FRIGHTS AND TRUNK OR TREAT
Calling all families of ghouls and goblins! Come join the Old Firehouse (in your best Halloween costumes) for a night of live music, games, food, contests and tons of candy!

Help Us and Have Fun! Families who wish to volunteer themselves and their vehicles for Trunk or Treat can submit an email request to oldfirehouse@mcleancenter.org. Please include your name and your trunk theme and submit your request by Friday, Sept. 30. Volunteer hours are 4:30-10:30 p.m. Each family will receive candy to distribute to the trunk or treaters. Volunteer spots are limited.

Saturday, Oct. 29, 5-10 p.m.
Activity No. 4702.222
Free for all participants. Preregistration is required.

LIGHT UP McLEAN: HOLIDAY HOUSE DECORATING CONTEST
The Light Up McLean Holiday Decorating Competition is your opportunity to show off your home in all its holiday splendor! Think your holiday decorations are the best? Enter the competition and prove it! Your McLean neighbors will vote for the top two winners in the following categories:

1. Best Overall: Features an exceptionally attractive, unique and complete design that utilizes space and resources well.
2. Most Creative/Original: Features exceptional use of creative ideas and lots of originality is evident in design.
3. Best Holiday Theme: Features eye-catching decorations that clearly communicate a fully conceptualized theme.

Families who register for the competition will receive a thank you gift from the Old Firehouse.
Register online at oldfirehouse.org or call OFC at 703-448-TEEN (8336).

Register Now! Deadline for House Decorators: Friday, Dec. 9
Contest and Voting Runs Dec. 19 –Jan. 1
Activity No. 4704.222

2021’s Overall Winner, the Chan Family, with OFC General Manager Andrew Carter (top right) and Activity Facilitator Anton Derosa (top left)
SPECIAL EVENTS
For more information, visit mcleancenter.org/special-events.

FALL COMMUNITY PARKING LOT SALE
Got stuff? Find bargains and treasures at this outdoor community parking lot sale with 60+ community resident vendors selling household items. Residents selling household items are welcome. Limited commercial vendors or flea market dealers may also participate.

Register online at mcleancenter.org, in person or by phone by calling the MCC Registrar at 703-744-9365/TTY: 711.

Saturday, Sept. 17, 9 a.m.–1 p.m.
General Admission: Free, registration is not required.
Registration required for sellers.

Adults, All Items: 2001.222
Vendor Space Fee: $30/$20 MCC district residents

Children Up to 15 years old: 2002.222
Strictly Children’s Items Only. Child must be supervised by a parent or guardian.
Vendor Space Fee: $15/$5 MCC district residents

Vendor enrollment deadline is Wednesday, Sept. 14. Advanced registration is required. Vendor spaces are available on a first come, first served basis.

McLEAN PET FEST
Produced by McLean Community Center for local pet owners and their beloved animals. Have fun at the park, see great pet tricks and demonstrations, find valuable pet-related information and get tips on products and services that can enhance the life of your pet and improve your experiences as a pet owner. A variety of exhibitors will be participating. Bring your leashed pets to show off their best costumes and join the fun for the Pet Parade at 3 p.m.! Take a picture of your pet and the whole family in the photo booth.

Sunday, Oct. 16, 11 a.m.-4 p.m.
McLean Central Park, 1468 Dolley Madison Blvd.
Free Admission

All dogs must remain on leashes sporting their dog licenses and rabies tags. Free parking at the Dolley Madison Library and MCC. Enjoy the music, giveaways and gourmet food trucks.

If you are interested in becoming an exhibitor, visit mcleancenter.org/special-events/exhibitors.

McLEAN ANTIQUES SHOW & SALE
Find the best assortment of antiques, art and collectibles at this highly celebrated show of more than 40 years. Spanning centuries, discover historical items, as well as the unusual, from scores of reputable dealers.

The show features antiques and decorative accessories including furniture, folk art, porcelain, silver, jewelry, books, paintings and prints, glass, carpets, vintage clothing, and much more. Vogue magazine said younger consumers feel, “Authenticity is big” and “Sustainable, stylish furniture with a story—and no supply chain issue? No wonder more people are out with the new, and in with the old.”

Relax with a cup of coffee or stay for lunch at the onsite café.

Saturday, Nov. 12, 10 a.m.-5 p.m.
Sunday, Nov. 13, 11 a.m.-4 p.m.

Admission: $10, Free for children age 12 or younger
Admission price is good for both days. Take $1 off with a show card or this ad.

Proceeds benefit the James C. Macdonald Scholarship Fund. For a list of dealers, see dfshows.com.

Join the McLean Fun Run!
THE McLEAN 5k
Hosted by the McLean Community Center with the support of sponsors, Century 21 New Millennium and the Greater McLean Chamber of Commerce, the race features a USATF certified course through the heart of McLean and is designed to appeal to runners of all abilities.

Recruit a team of coworkers, teammates, fellow runners, neighbors, family members and friends and mark your calendar for Saturday, Oct. 1. The proceeds of the run benefit the McLean Community Foundation.

Saturday, Oct. 1; Race begins at 8 a.m.
McLean Square Shopping Center, 6631 Old Dominion Dr. Admission varies by date. Register early.

We Need Volunteers for the McLean 5k! Come and offer your time to help us have a successful race!

For more information, to register or to download the volunteer application, visit mclean5k.com.
McLEAN HOLIDAY ART & CRAFTS FESTIVAL

Get in the spirit and celebrate this weekend of holiday cheer at the McLean Holiday Art & Crafts Festival! Produced by MCC for 40 years, this three-day, indoor show features approximately 80 talented, juried, regional artisans. Shop local, support the arts and find one-of-a-kind gifts for every budget. This shopping experience includes pottery, glass, jewelry, holiday decor, mixed media, fashion accessories, wood, fine art, artisanal foods and more. MCC provides a delightful venue, music and is ADA-compliant. Stay for coffee, pastries or lunch at the onsite café.

Friday, Dec. 2, 11 a.m.–7 p.m.
Saturday, Dec. 3, 10 a.m.–6 p.m.
Sunday, Dec. 4, 11 a.m.–4 p.m.

Admission: $5 (for all three days of the show) Free admission for children 12 and younger.

Show management is provided by the Northern Virginia Handcrafters Guild (NVHG). Founded in 1972, the NVHG, a 501(c)3 nonprofit community-based organization, is dedicated to helping artists and crafts people exhibit and sell their work, promoting the development of arts and crafts in the community and supporting arts and crafts educational activities. For more information about NVHG or if you have questions about crafters, visit: nvhg.org or write mcleanshow@nvhg.org.

EXHIBITOR SPACE

Sign up for a McLean Day exhibitor booth space to promote your organization, community group and/or business. Artisans and crafters are welcome!

For additional details or to obtain an exhibitor application, visit mcleancenter.org/special-events/exhibitors

Exhibitor Application Dates:
Monday, Oct. 3, 2022: Registration opens for Small Tax District 1A-Dranesville residents and businesses only.
Wednesday, Jan. 11, 2023: Registration opens to the general public.

Spaces are sold on first come, first served basis.

Questions? Contact MCC Special Events at exhibitor@mcleancenter.org.

SPONSORSHIPS

Become a McLean Day sponsor and show your community spirit at this highly visible event. For more information contact Catherine Nesbitt at catherine.nesbitt@fairfaxcounty.gov or Ashok Karra at ashok.karra@fairfaxcounty.gov.
MCC STAFFER RECOGNIZED FOR EXCELLENCE

MCC Executive Assistant Holly Novak has been awarded the 2022 Sharon Bulova Award for Exemplary Administrative Professionals. Holly is one of five Fairfax County employees to receive the award this year.

Presented by the Administrative Resource Team (ART), this very prestigious honor recognizes administrative professionals’ strengths and contributions to their agencies and the county in the areas of excellence, initiative and leadership.

Holly was selected by a panel of impartial judges and the award was presented at the ART Conference, which was held virtually on Friday, April 29.

YOUTH BOARD MEMBERS RECEIVE MCA TEEN CHARACTER AWARDS

MCC Governing Board members Ivy Chen and Max Blacksten were among the nine teens honored with the McLean Community Association’s 24th Annual Teen Character Awards on McLean Day.

“The award is to honor teens who demonstrate outstanding character,” the McLean Citizens Association said in a news release. “Teens who have, on their own and without compensation, helped out in their neighborhood or community are being recognized, not only for themselves, but as an example to others.”

Nominated by MCC Executive Assistant Holly Novak, Chen has served two years as the Langley High School Boundary Area youth board member and Blacksten has served one year as the McLean High School Boundary Area youth board member.

McLEAN HIGH SCHOOL PRESENTS AWARD OF APPRECIATION TO OLD FIREHOUSE

In May, McLean High School presented the staff of the Old Firehouse’s After School Program with an award. They also presented a certificate of appreciation from Fairfax County Public Schools’ Career and Transition Services, a box of chocolates and a thank you card that was signed by the worksite students who participated in the Community Work Experience Program at the Old Firehouse during the school year.

According to OFC After School Program Manager Aaron Greene, “Students worked on cleaning and organizing skills by sanitizing and tidying up areas within the teen center with assistance from the Work Experience Program teachers. Through this relationship we also had the pleasure of having those students and staff participate in our first ever Sensory Day,” he said.
MATTHEW SWINK
FunFit® Instructor

Our patrons say it’s hard to ignore the fun that one of MCC’s most popular classes offers, and FunFit® Instructor Matthew Swink would have to agree.

An instructor in the tot fitness program, Swink helps parents and their children learn about games, sports, music and communication, all while demonstrating the value and role that fitness plays in it. The class develops self-confidence, motor skills, coordination, socialization and cooperation and reinforces cognitive learning. A paraeducator and CPR/First-Aid certified instructor, Swink attended Sherwood High School and Montgomery College in Maryland before taking on his role with FunFit® Family Fitness.

In addition to loving what he teaches, Swink loves who he teaches and appreciates the opportunity to get to know more participants along the way. “I love the people at MCC,” he said. “I get to meet a lot of new people, too.” While you may find Swink teaching classes at the center, you may also encounter him leading activities for kids during summer camps.

When not working with families, Swink is finding ways to stay active. “I love and have played all sports,” he said. “I love to travel to the beach for skimboarding and the mountains for snowboarding.” He also pet sits, and has cats and dogs of his own that keep him busy! When he’s looking to relax, you can find him playing video games, doing yard work or listening to music.
PRESCHOOL/TODDLER

DANCE

BALLET & TAP
(PRE-PRIMARY I)

Children develop rhythm, grace, poise, coordination and musicality through pre-primary classical ballet, beginning tap skills, tap routines and improvisations with magical props and adorable costumes. Our dance class enriches your child in five areas of development: physical, creative, social, cognitive and emotional.

Instructor: Art in Motion Dance Staff.

3-4 years

In-Person
11 lessons @ 45 mins, $282/$231 MCC district residents
1701.222 W, 9/21-12/7 2:30-3:15 p.m.
8 lessons @ 45 mins, $205/$168 MCC district residents
1703.222 Sa, 10/1-12/10 9:30-10:15 a.m.
Virtual
11 lessons @ 45 mins, $235/$193 MCC district residents
1702.222 W, 9/21-12/7 2:30-3:15 p.m.
9 lessons @ 45 mins, $171/$140 MCC district residents
1704.222 Sa, 10/1-12/10 9:30-10:15 a.m.

BALLET/TAP
(PRE-PRIMARY II)

Young dancers are introduced to a classical ballet syllabus incorporating magical variations and dance class etiquette. Cognitive skills of counting, sequencing, spatial awareness and immersion in the French language are introduced in this class. Dancers learn tap technique and delightful song and tap routines that develop coordination, rhythm, timing and stage presence.

Instructor: Art in Motion Dance Staff.

4-5 years

In-Person
11 lessons @ 45 mins, $282/$231 MCC district residents
1705.222 W, 9/21-12/7 3:30-4:15 p.m.
9 lessons @ 45 mins, $231/$189 MCC district residents
1707.222 Sa, 10/1-12/10 10:30-11:15 a.m.
Virtual
11 lessons @ 45 mins, $235/$193 MCC district residents
1706.222 W, 9/21-12/7 3:30-4:15 p.m.
No lesson on 11/23 for both In-Person and Virtual.
9 lessons @ 45 mins, $192/$158 MCC district residents
1708.222 Sa, 10/1-12/10 10:30-11:15 a.m.
No lesson 11/12 and 12/3.

FAIRYTALE BALLET™

Young dancers enjoy dancing to their favorite cherished tunes from fairytales such as Frozen, Monona, Cinderella, Sleeping Beauty, Beauty and The Beast, among others. They will learn ballet dances to popular classical ballets and perform in costumes.

Instructor: Art in Motion Dance Staff.

3-5 years

In-Person
9 lessons @ 45 mins, $231/$189 MCC district residents
1717.222 Th, 9/22-12/8 3:30-4:15 p.m.
Virtual
9 lessons @ 45 mins, $192/$158 MCC district residents
1718.222 Th, 9/22-12/8 3:30-4:15 p.m.
No lesson on 11/10, 11/24 and 12/1 for both In-Person and Virtual.

FITNESS

FUNFIT®

Parent/Guardian participation required with children. A fun-filled, full-of-energy, active games class, emphasizing songs, creative movement, parachute, balls and loads of active fun! Develops self-confidence, motor skills, coordination, socialization and cooperation and reinforces cognitive learning. Special needs welcome!

Instructor: Matt Swink.

11 months-2 years
10 lessons @ 45 mins, $183 /$150 MCC district residents
1800.222 W, 9/14-11/16 9:45-10:30 a.m.
1.5-4 years
10 lessons @ 45 mins, $183 /$150 MCC district residents
1801.222 W, 9/14-11/16 10:35-11:20 a.m.
2.5-4 years
10 lessons @ 45 mins, $183 /$150 MCC district residents
1802.222 W, 9/14-11/16 11:25 a.m.-12:10 p.m.
**ABRAKADOODLE MINI DOODLERS**
Children will develop their creativity through lessons carefully designed to ignite their imaginations and development skills. Using real artists’ materials, including watercolors, tempera paints, oil pastels, creative tools and more, your child will create truly unique masterpieces. One parent or guardian must accompany the child for the class. 
**Instructor:** Abrakadoodle Staff.

### 3-6 years
8 lessons @ 1 hr, $140/$130 MCC district residents. Materials fee, $32, to be paid to the instructor on the first day of class.

- **Tu, 10/4-11/29**
- 11:30 a.m.-12:30 p.m.
  - **No lesson on 11/10.

- **Th, 10/6-11/17**
- 11:30 a.m.-12:30 p.m.
  - **No lesson on 11/10.

- **Sa, 10/8-11/19**
- 11:30 a.m.-12:30 p.m.
  - **No lesson on 11/12.

### 2-3 years
8 lessons @ 45 mins, $124/$104 MCC district residents

- **1650.222**
- Th, 9/22-11/17
- 9:15-10 a.m.
  - **No lesson on 11/10.

### 4-5 years
8 lessons @ 45 mins, $124/$104 MCC district residents

- **1651.222**
- Th, 9/22-11/17
- 10:15-11 a.m.
  - **No lesson on 11/10.

**VISUAL ARTS**
McLean Project for the Arts (MPA) offers the following art classes and workshops for children, teens and adults taught by its professional art faculty. Instructors and supply lists for each class are listed on MPA’s website.
To register for MPA art classes, visit [www.mpaart.org](http://www.mpaart.org).

**ABRAKADOODLE TWOOSY DOODLERS**
This is a special art experience for toddlers and parents (or helpers). Little fingers will experiment with painting, gluing, sticking, printing and creating while developing fine motor, language and self-help skills. One parent or guardian must accompany the child for the class.

**Instructor:** Abrakadoodle Staff.

### 20-36 months
8 lessons @ 45 mins, $130/$120 MCC district residents. Materials fee $32 to be paid to the instructor on the first day of class.

- **Tu, 10/4-11/29**
- 10-10:45 a.m.
  - **No lesson on 11/10.

- **Th, 10/6-11/17**
- 10-10:45 a.m.
  - **No lesson on 11/10.

- **Sa, 10/8-11/19**
- 10-10:45 a.m.
  - **No lesson on 11/12.

**SPORTS**
**FIRST STRIKE SOCCER BY JST ATHLETICS**
Instruction for young athletes ages 2 to 5, providing the perfect balance between learning and having fun! Players are introduced to fundamental techniques of dribbling, passing and shooting. Classes include age-appropriate activities and games, incorporating skills learned.

**Instructor:** JST Athletics.

### 2-3 years
8 lessons @ 45 mins, $124/$104 MCC district residents

- **1650.222**
- Th, 9/22-11/17
- 9:15-10 a.m.
  - **No lesson on 11/10.

### 4-5 years
8 lessons @ 45 mins, $124/$104 MCC district residents

- **1651.222**
- Th, 9/22-11/17
- 10:15-11 a.m.
  - **No lesson on 11/10.

**FIRST STRIKE SOCCER BY JST ATHLETICS**
Instruction for young athletes ages 2 to 5, providing the perfect balance between learning and having fun! Players are introduced to fundamental techniques of dribbling, passing and shooting. Classes include age-appropriate activities and games, incorporating skills learned.

**Instructor:** JST Athletics.

### 2-3 years
8 lessons @ 45 mins, $124/$104 MCC district residents

- **1650.222**
- Th, 9/22-11/17
- 9:15-10 a.m.
  - **No lesson on 11/10.

### 4-5 years
8 lessons @ 45 mins, $124/$104 MCC district residents

- **1651.222**
- Th, 9/22-11/17
- 10:15-11 a.m.
  - **No lesson on 11/10.

**McLean Project for the Arts (MPA) offers the following art classes and workshops for children, teens and adults taught by its professional art faculty. Instructors and supply lists for each class are listed on MPA’s website.**

To register for MPA art classes, visit [www.mpaart.org](http://www.mpaart.org).
YOUTH
6-13 YEARS

BUSINESS

MONEY MATH
Designed for our youngest students, this innovative foundation on financial literacy also serves as a practical math lab where students learn and reinforce computational skills, while developing a mindset for healthy financial habits. From playing money math games to learning about budgeting through engaging activities, students have fun while they enhance their “real life” math skills!

Instructor: TBA.

5-8 years
8 lessons @ 1 hr, $220/$180 MCC district residents
1053.222 Tu, 9/27-11/22 4:30-5:30 p.m.
No lesson on 11/8.

BUDDING ENTREPRENEURS
If you love Shark Tank, this empowering program is for you! Join other intrepid students and develop a business plan for your own business idea. You will learn to take risks and persevere, while making business-like decisions about strategy, marketing and finance. Optional activities include building a website and designing business cards. Students build confidence “learning by doing” and make their pitch presentations on the last day! Students are encouraged to bring a laptop/tablet.

Instructor: TBA.

9-12 years
8 lessons @ 1 hr, $220/$180 MCC district residents
1052.222 Tu, 9/27-11/22 4:30-5:30 p.m.
No lesson on 11/8.

SPORTS MANAGEMENT
For the sports lover, future team general manager, sports team owner or ESPN analyst, this unique program helps students view the world of sports from a business perspective. Students participate in fun mock drafts for various sports and analyze different sports topics, including the value of sports teams, player compensation, college sports, endorsements, the Nike vs Under Armour competition, sports agents, the Super Bowl, e-sports and more! Students are encouraged to bring a laptop/tablet.

Instructor: TBA.

9-12 years
8 lessons @ 1 hr, $220/$180 MCC district residents
1051.222 Sa, 10/1-11/26 9:15-10:15 a.m.
No lesson on 11/12.

YOUNG DIPLOMATS
This fun program helps students develop a global mindset and build international awareness early in life, important skills in today’s increasingly interconnected world. Students explore cultural differences across countries, as well as languages, currencies, country flags, geography games, famous landmarks, current global events, diplomacy and come up with solutions to global problems like hunger, poverty and pollution.

Instructor: TBA.

5-8 years
8 lessons @ 1 hr, $220/$180 MCC district residents
1050.222 Sa, 10/1-11/26 9:15-10:15 a.m.
No lesson on 11/12.
CHESS

All skill levels are welcome. Learn chess with Magnus Academy (formerly Silver Knights Enrichment)! We’ve taught 100,000 children to play, including state and national champions, but most students are beginners looking to learn new skills and have FUN. Class time is divided between lessons and practice games. Lessons range from the basic rules to advanced tournament strategies. Students will have the opportunity to play in tournaments. All chess supplies are provided.

Instructor: Magnus Academy Staff.

5-12 years
9 lessons @ 1 hr, $95/$77 MCC district residents
1250.222 W, 10/5-12/7  6-7 p.m.
No lesson on 11/23.

CULINARY ARTS

KIDS’ PASTA
Kids learn the basics of making egg pasta from scratch then learn how to make these pasta shapes: cavatelli (small hollow pasta shells); orecchiette (small, ear-shaped pasta); pappardelle (large, broad flat noodles); and quadrucci (little squares). Participants will then learn to make these delicious sauces: aglio e olio (olive oil, garlic and parmesan) and Alfredo (garlic, cream, cheese).

Instructor: Chef Joel Olson.

8-12 years
1 lesson @ 2 hrs, $68/$56 MCC district residents
1316.222 Sa, 10/22  12:30-2:30 p.m.

KIDS’ KNIFE SKILLS
Empower your child to help with the cooking by learning real knife skills that they will keep as long as they cook. Kids will learn special techniques for cutting onions, carrots, peppers and other vegetables. They will also learn how to paste garlic, mince parsley, slice bread and make a chiffonade of lettuce. Parmesan, Tomato and Garlic Bruschetta will be made and shared in class.

Instructor: Chef Joel Olson, Hemmachef.

8-12 years
1 lesson @ 2 hrs, $68/$56 MCC district residents
1300.222 M, 10/24  4:15-6:15 p.m.

COOKING, MANNERS AND ETIQUETTE
Sign up now for this highly popular and effective etiquette class. In the first class, kids prepare a variety of foods, then sit and enjoy the rewards of their labor.

All the while they’ll discuss the concepts and rules of manners and etiquette. In Class Two, a four-course meal will be served to them restaurant-style while their dining etiquette is critiqued in a fun and productive manner by Chef Joel. Recipes and handouts will be presented at the end of Class Two.

Instructor: Chef Joel Olson, Hemmachef.

Class One: Vegetable Minestrone with Garlic Butter Flatbread; Italian Herbed Meatballs with Tomato Basil Sauce and Noodles; Sugar Cookies; Common Courtesy, Manners and Etiquette 101; Guest and Host.

Class Two: Bread and Butter Basket; Vegetable Soup; Mixed Green Salad with Homemade Ranch Dressing; Chicken Wellington with Classic Veloute; Herbed Rice Pilaf; Vegetable Side Dish; Fresh Fruit Napoleons; Manners and Etiquette 102.

8-12 years
2 lessons @ 2 hrs, $136/$112 MCC district residents
1301.222 Tu-W, 10/25-26  4:15-6:15 p.m.

KIDS’ INTERNATIONAL STREET FOOD: AMBLE AROUND AFRICA
South African Bunny Chow with Carrot Salad (hollowed-out loaves of fresh bread filled with sumptuous stewed chicken and vegetable curry served with a refreshing carrot slaw); Ghanan Kelewele (spicy fried plantains); South African Koeksister (fried donuts dripping with simple syrup).

Instructor: Chef Joel Olson, Hemmachef.

8-12 years
1 lesson @ 2 hrs, $68/$56 MCC district residents
1302.222 Th, 10/27  4:15-6:15 p.m.
KIDS’ SUSHI CLASS
We will get things rolling by preparing shari rice, then assemble the ingredients for the following sushi preparations: Spicy Tuna Rolls; California Rolls; Wisconsin Rolls; Inside-Out Rolls; Shrimp Rolls and Miso Soup. **Please note:** No raw fish or shellfish will be used in class.

**Instructor:** Chef Joel Olson, Hemmachef.

**8-12 years**
1 lesson @ 2 hrs, $68/$56 MCC district residents

**1303.222**  F, 10/28  4:15-6:15 p.m.

KIDS’ HALLOWEEN EATS AND TREATS
Kids will enjoy making these ghoulish-sounding, yet tasty Halloween eats and treats. “Gobb” Salad; Eyeballs and Worms (Spaghetti and Meatballs); Pick of the Litter Box (Handmade Tootsie Rolls in Grape Nuts Cereal); Bloody S’mores (Strawberry and Chocolate S’mores); Dark as Night Mints.

**Instructor:** Chef Joel Olson, Hemmachef.

**8-12 years**
1 lesson @ 2 hrs, $68/$56 MCC district residents

**1304.222**  Sa, 10/29  12:30-2:30 p.m.

KIDS’ SUSHI CLASS
On the menu: Crispy Oven Fried Chicken Tacos with Tomatoes and Mozzarella; Beef and Lime Tacos with Lettuce and Cheddar; Tempura Fish Tacos with Salsa Verde; Mexican Cinnamon Cookies.

**Instructor:** Chef Joel Olson, Hemmachef.

**8-12 years**
1 lesson @ 2 hrs, $68/$56 MCC district residents

**1306.222**  W, 12/14  4:15-6:15 p.m.

KIDS’ FRENCH BAKING CLASS
On the menu: Gougères (Cheesy Poofs); Pissaladière with Pâte Brisée (French Onion Tart with Classic Flakey Pastry); Ficelles (Mini-Baguettes); Chocolate and Raspberry Tart with Pâte Sablée (Sweet Tart Dough).

**Instructor:** Chef Joel Olson, Hemmachef.

**8-12 years**
1 lesson @ 2 hrs, $68/$56 MCC district residents

**1307.222**  Th, 12/15  4:15-6:15 p.m.

KIDS’ CALZONES AND CANNOLIS
Kids learn to make calzone dough and tomato sauce from scratch. They will make individual calzones with whole wheat or plain calzone dough and fill them with a choice of mixed cheeses, pepperoni and other fillings. Kids also learn to make cannoli shells with the classic sweet cheese filling.

**Instructor:** Chef Joel Olson, Hemmachef.

**8-12 years**
1 lesson @ 2 hrs, $68/$56 MCC district residents

**1305.222**  Tu, 12/13  4:15-6:15 p.m.

KIDS’ HOLIDAY TREATS
Kids will make, then take home these classic and delicious holiday treats: Cream Cheese Peppermints; Viennese Coffee Balls; Confetti Coconut Candy Drops; Chocolate Covered Pretzel Rods with Sprinkles.

**Instructor:** Chef Joel Olson, Hemmachef.

**8-12 years**
1 lesson @ 2 hrs, $68/$56 MCC district residents

**1308.222**  Sa, 12/17  12:30-2:30 p.m.
DANCE

BALLET & TAP (COMBINATION I)
Children develop lovely technical ballet skills while learning French vocabulary, enhancing their artistic growth and nurturing poise, grace and musicality. Young dancers learn basic tap technique using fun Broadway-style song and tap routines showcasing their fantastic stage presence. This class is for kindergarten/first grade students.

Instructor: Art in Motion Dance Staff.

5-6 years

In-Person
11 lessons @ 45 mins, $282/$231 MCC district residents
1709.222 W, 9/21-12/7 4:30-5:15 p.m.

Virtual
11 lessons @ 45 mins, $235/$193 MCC district residents
1710.222 W, 9/21-12/7 4:30-5:15 p.m.
No lesson on 11/23 for both In-Person and Virtual.

In-Person
9 lessons @ 45 mins, $231/$189 MCC district residents
1711.222 Sa, 10/1-12/10 11:30 a.m-12:15 p.m.

Virtual
9 lessons @ 45 mins, $192/$158 MCC district residents
1712.222 Sa, 10/1-12/10 11:30 a.m-12:15 p.m.
No lesson on 11/12 and 12/3 for both In-Person and Virtual.

CHEER AND TUMBLING
This beginning level tumbling/cheer class will focus on students’ stretching, jumping and learning the beginning skills of tumbling. In addition, students will also be introduced to various aspects of cheerleading. This includes chants, dance and teamwork. This class is a great way to introduce kids to tumbling, cheer and working together as a team!

Instructor: Art in Motion Dance Staff.

5-7 years

In-Person
11 lessons @ 1 hr, $376/$308 MCC district residents
1713.222 W, 9/21-12/7 5:30-6:30 p.m.

Virtual
11 lessons @ 1 hr, $316/$259 MCC district residents
1714.222 W, 9/21-12/7 5:30-6:30 p.m.
No lesson on 11/23 for both In-Person and Virtual.

8-10 years

In-Person
11 lessons @ 1 hr, $376/$308 MCC district residents
1715.222 W, 9/21-12/07 6:30-7:30 p.m.

Virtual
11 lessons @ 1hr, $316/$259 MCC district residents
1716.222 W, 9/21-12/7 6:30-7:30 p.m.
No lesson on 11/23. for both In-Person and Virtual.

BALLET, TAP & JAZZ (COMBINATION II)
Students are trained in the classical ballet syllabus, the tap technique syllabus incorporating tap, barre, progressions, combinations, stylized Broadway tap routines and jazz syllabus.

Instructor: Art in Motion Dance Staff.

7-8 years

In-Person
11 lessons @ 1 hr, $376/$308 MCC district residents
1719.222 M, 9/19-12/05 4:30-5:30 p.m.

Virtual
11 lessons @ 1 hr, $316/$259 MCC district residents
1720.222 M, 9/19-12/5 4:30-5:30 p.m.
No lesson on 10/10 for both In-Person and Virtual.
BALLET, TAP & JAZZ (COMBINATION III)

Students are trained in the classical ballet syllabus through barre, adagio and allegro variations. Students learn tap technique to Broadway-style songs and the jazz syllabus.

Instructor: Art in Motion Dance Staff.

7-9 years

In-Person
11 lessons @ 1 hr, $376/$308 MCC district residents
1721.222 M, 9/19-12/5 5:30-6:30 p.m.

Virtual
11 lessons @ 1 hr, $316/$259 MCC district residents
1722.222 M, 9/19-12/5 5:30-6:30 p.m.
No lesson on 10/10 for both In-Person and Virtual.

BALLET, TAP & JAZZ (COMBINATION IV)

Students advance in the Art in Motion Dance syllabus by training in three dance forms: classical ballet, tap and jazz/contemporary. Classical ballet training includes ballet barre, adagio and allegro combinations.

Instructor: Art in Motion Dance Staff.

8-10 years

In-Person
11 lessons @ 1 hr, $376/$308 MCC district residents
1723.222 M, 9/19-12/5 6:30-7:30 p.m.

Virtual
11 lessons @ 1 hr, $316/$259 MCC district residents
1724.222 M, 9/19-12/5 6:30-7:30 p.m.
No lesson on 10/10 for both In-Person and Virtual.

BALLET, TAP & JAZZ (COMBINATION V)

Students advance training in four dance forms: classical ballet, tap, jazz and contemporary. Classical ballet training in this class emphasizes epaulement, adagio and allegro steps.

Instructor: Art in Motion Dance Staff.

9-11 years

In-Person
9 lessons @ 1.5 hrs, $406/$333 MCC district residents
1725.222 Th, 9/22-12/8 4:30-6 p.m.

Virtual
9 lessons @ 1.5 hrs, $330/$275 MCC district residents
1726.222 Th, 9/22-12/8 4:30-6 p.m.
No lesson on 11/10, 11/24 and 12/1 for both In-Person and Virtual.

JUNIOR COMPANY CLASS (BALLET, TAP & JAZZ)

Prerequisite dance training in Combination V+ level or equivalent experience. New students may have to audition for this class. Students advance in training in four dance forms: Classical ballet, focusing on coordination, musicality and performance quality; intermediate tap, jazz and contemporary.

Instructor: Art in Motion Dance Staff.

10-12 years

In-Person
9 lessons @ 1.5 hrs, $406/$333 MCC district residents
1727.222 Th, 9/22-12/8 6-7:30 p.m.

Virtual
9 lessons @ 1.5 hrs, $330/$275 MCC district residents
1728.222 Th, 9/22-12/8 6-7:30 p.m.
No lesson 11/10, 11/24 and 12/1 for both In-Person and Virtual.
MUSICAL THEATER
JAZZ I
Musical theater dance class combines jazz technique and introduces students to a Broadway style of dance. This class focuses on beginner jazz warm-up, center floor work, progressions, kicks, leaps, turns, splits and isolations. Your child will be a dancing Broadway star on Parent Watch Day!
Instructor: Art in Motion Dance Staff.
9-12 years
In-Person
11 lessons @ 1 hr, $376/$308 MCC district residents
1733.222 W, 9/21-12/7 5:30-6:30 p.m.
Virtual
11 lessons @ 1 hr, $316/$259 MCC district residents
1734.222 W, 9/21-12/7 5:30-6:30 p.m.
No lesson on 11/23 for both In-Person and Virtual.

HIP-HOP KIDS
Young hip-hop artists will begin with the building blocks of jazz technique. Students will learn hip, funky moves to the latest kids’ rock and hip-hop tunes. The focus will be on hip-hop choreography utilizing the latest hit music from hip-hop stars and pop stars such as Carly Rae Jepsen, Taylor Swift, Katy Perry, Demi Lovato and Selena Gomez!
Instructor: Allie O’Hare.
5-7 years
In-Person
11 lessons @ 45 mins, $282/$231 MCC district residents
1735.222 Tu, 9/20-12/6 4:30-5:15 p.m.
Virtual
11 lessons @ 45 mins, $231/$193 MCC district residents
1736.222 Tu, 9/20-12/6 4:30-5:15 p.m.
No lesson on 11/8 for both In-Person and Virtual.

HIP-HOP INTERMEDIATE
This fun, fast-paced, lively class will combine fundamentals of jazz technique with hip-hop and urban style moves as seen in your favorite music videos and movies.
Instructor: Art in Motion Dance Staff.
8-11 years
In-Person
11 lessons @ 45 mins, $282/$231 MCC district residents
1737.222 Tu, 9/20-12/6 5:15-6 p.m.
Virtual
11 lessons @ 45 mins, $231/$193 MCC district residents
1738.222 Tu, 9/20-12/6 5:15-6 p.m.
No lesson on 11/8 for both In-Person and Virtual.

SENIOR COMPANY CLASS
(BALLET, TAP & JAZZ)
Prerequisite dance training in Junior Company or equivalent experience. New students may have to audition for this class. Students advance in training in four dance forms: classical ballet, focusing on coordination, musicality and performance quality, advanced/intermediate tap, jazz and contemporary.
Instructor: Art in Motion Dance Staff.
12-14 years
In-Person
9 lessons @ 1.5 hrs, $406/$333 MCC district residents
1729.222 Th, 9/22-12/8 7:30-9 p.m.
Virtual
9 lessons @ 1.5 hrs, $335/$275 MCC district residents
1730.222 Th, 9/22-12/8 7:30-9 p.m.
No lesson 11/10, 11/24 and 12/1 for both In-Person and Virtual.

LYRICAL I – NEW TIME AND LOCATION!
Prerequisite dance training in Combination V or equivalent experience. New students may have to audition for this class. Students will explore different ways to move their bodies through space using technique and various styles of music.
Instructor: Art in Motion Dance Staff.
9-12 years
In-Person
11 lessons @ 1 hr, $376/$308 MCC district residents
1731.222 Tu, 9/20-12/6 4:30-5:30 p.m.
Virtual
11 lessons @ 1 hr, $316/$259 MCC district residents
1732.222 Tu, 9/20-12/6 4:30-5:30 p.m.
No lesson on 11/8 for both In-Person and Virtual.

LYRICAL II
Prerequisite dance training Senior Company or equivalent experience. New students may have to audition for this class. Students will explore different ways to move their bodies through space using technique and different music.
Instructor: Art in Motion Dance Staff.
13+ years
In-Person
11 lessons @ 1 hr, $330/$275 MCC district residents
1755.222 Tu, 9/20-12/6 7-8 p.m.
Virtual
11 lessons @ 1 hr, $286/$253 MCC district residents
1756.222 Tu, 9/20-12/6 7-8 p.m.
No lesson on 11/8 for both In-Person and Virtual.

MUSICAL THEATER
JAZZ I
Musical theater dance class combines jazz technique and introduces students to a Broadway style of dance. This class focuses on beginner jazz warm-up, center floor work, progressions, kicks, leaps, turns, splits and isolations. Your child will be a dancing Broadway star on Parent Watch Day!
Instructor: Art in Motion Dance Staff.
9-12 years
In-Person
11 lessons @ 1 hr, $376/$308 MCC district residents
1733.222 W, 9/21-12/7 5:30-6:30 p.m.
Virtual
11 lessons @ 1 hr, $316/$259 MCC district residents
1734.222 W, 9/21-12/7 5:30-6:30 p.m.
No lesson on 11/23 for both In-Person and Virtual.

HIP-HOP KIDS
Young hip-hop artists will begin with the building blocks of jazz technique. Students will learn hip, funky moves to the latest kids’ rock and hip-hop tunes. The focus will be on hip-hop choreography utilizing the latest hit music from hip-hop stars and pop stars such as Carly Rae Jepsen, Taylor Swift, Katy Perry, Demi Lovato and Selena Gomez!
Instructor: Allie O’Hare.
5-7 years
In-Person
11 lessons @ 45 mins, $282/$231 MCC district residents
1735.222 Tu, 9/20-12/6 4:30-5:15 p.m.
Virtual
11 lessons @ 45 mins, $231/$193 MCC district residents
1736.222 Tu, 9/20-12/6 4:30-5:15 p.m.
No lesson on 11/8 for both In-Person and Virtual.

HIP-HOP INTERMEDIATE
This fun, fast-paced, lively class will combine fundamentals of jazz technique with hip-hop and urban style moves as seen in your favorite music videos and movies.
Instructor: Art in Motion Dance Staff.
8-11 years
In-Person
11 lessons @ 45 mins, $282/$231 MCC district residents
1737.222 Tu, 9/20-12/6 5:15-6 p.m.
Virtual
11 lessons @ 45 mins, $231/$193 MCC district residents
1738.222 Tu, 9/20-12/6 5:15-6 p.m.
No lesson on 11/8 for both In-Person and Virtual.
**BALLET GRADE I**

This beginning level class is designed to develop awareness of alignment along with technique and basic ballet vocabulary. Your dancer will have a blast exploring different ways to move at the barre and through the space!

**Instructor:** Art in Motion Dance Staff.

**7-9 years**

**In-Person**

9 lessons @ 1 hr, $308/$252 MCC district residents

**1741.222** Tu, 9/23-12/9 4:30-5:30 p.m.

**Virtual**

9 lessons @ 1 hr, $260/$212 MCC district residents

**1742.222** F, 9/23-12/9 4:30-5:30 p.m.

*No lesson on 11/11, 11/25 and 12/2 for both In-Person and Virtual.*

**BALLET GRADE II/III**

This class is a progression from Ballet I and will focus on continuing to learn new technique, ballet vocabulary and exploring different ways to move through the space through barre, center work and across the floor exercises.

**Instructor:** Art in Motion Dance Staff.

**9-12 years**

**In-Person**

9 lessons @ 1 hr, $308/$252 MCC district residents

**1743.222** F, 9/23-12/9 5:30-6:30 p.m.

**Virtual**

9 lessons @ 1 hr, $260/$212 MCC district residents

**1744.222** F, 9/23-12/9 5:30-6:30 p.m.

*No lesson on 11/11, 11/25 and 12/2 for both In-Person and Virtual.*

**BALLET GRADE IV**

This class is a progression from Ballet I and will focus on continuing to learn new technique, ballet vocabulary and exploring different ways to move through the space through barre, center work and across the floor exercises.

**Instructor:** Art in Motion Dance Staff.

**12-14 years**

**In-Person**

9 lessons @ 75 mins, $385/315 MCC district residents

**1745.222** F, 9/23-12/9 6:30-7:45 p.m.

**Virtual**

9 lessons @ 75 mins, $320/260 MCC district residents

**1746.222** F, 9/23-12/9 6:30-7:45 p.m.

*No lesson on 11/11, 11/25 and 12/2 for both In-Person and Virtual.*

**HIP-HOP INTERMEDIATE/ADVANCED**

This fun, fast-paced, lively class will combine fundamentals of jazz technique with hip-hop and urban style moves as seen in your favorite music videos and movies.

**Instructor:** Art in Motion Dance Staff.

**12 years+**

**In-Person**

11 lessons @ 1 hr, $376/$308 MCC district residents

**1739.222** Tu, 9/20-12/6 6-7 p.m.

**Virtual**

11 lessons @ 1 hr, $316/$259 MCC district residents

**1740.222** Tu, 9/20-12/6 6-7 p.m.

*No lesson on 11/8 for both In-Person and Virtual.*

**2022 FALL PROGRAM GUIDE**

703-790-0123 | TTY: 711
FENCING

FENCING: INTRODUCTION TO OLYMPIC SPORT FOIL, SABRE AND EPEE
Known as the “physical game of chess,” Olympic sport fencing provides a tremendous physical and mental workout for all ages and athletic abilities. Fencing builds muscle strength, cardiovascular endurance, coordination and speed. The instructor teaches the fundamentals of footwork, handwork and strategy using safety-tipped swords, protective jackets, masks and gloves.

Instructor: Virginia Academy of Fencing.

9-13 years
6 lessons @ 1 hr, $88/$72 MCC district residents
1950.222 M, 9/19-10/31 7-8 p.m.
No lesson on 10/10.

TEENS

13-17 YEARS

CULINARY ARTS

TEEN PASTA PARTY
Teens learn the basics of making egg pasta from scratch, then learn how to make these pasta shapes: cavatelli (small hollow pasta shells), orecchiette (small ear-shaped pasta), pappardelle (large, broad flat noodles), quadrucci (little squares). Participants will then learn to make these delicious sauces to enjoy their pasta with: aglio e olio (olive oil, garlic, parmesan) and Alfredo (garlic, cream, cheese).

Instructor: Chef Joel Olson, Hemmachef.

13-17 years
1 lesson @ 2 hrs, $68/$56 MCC district residents
1309.222 Sa, 10/22 3-5 p.m.

TEENS HALLOWEEN EATS AND TREATS
Teens will enjoy making these ghoulish sounding yet tasty Halloween eats and treats. “Gobb” Salad, Eyeballs and Worms (Spaghetti and Meatballs), Pick of the Litter Box (Handmade Tootsie Rolls in Grape Nuts cereal), Bloody S’mores (Strawberry and Chocolate S’mores), Dark as Night M.

Instructor: Chef Joel Olson, Hemmachef.

13-17 years
1 lesson @ 2 hrs, $68/$56 MCC district residents
1310.222 Sa, 10/29 3-5 p.m.

DANCE

MUSICAL THEATER

JAZZ II
Musical theater dance class combines jazz technique and introduces students to a Broadway style of dance. This class focuses on intermediate/advanced jazz warm-up, center floor work, progressions, kicks, leaps, turns, splits and isolations. Your child will be a dancing Broadway star on Parent Watch Day!

Instructor: Art in Motion Dance Staff.

13+ years
In-Person
11 lessons @ 1 hr, $376/$308 MCC district residents
1747.222 W, 9/21-12/7 6:30-7:30 p.m.

Virtual
11 lessons @ 1 hr, $316/$259 MCC district residents
1748.222 W, 9/21-12/7 6:30-7:30 p.m.
No lesson on 11/23 for both In-Person and Virtual.

VISUAL ARTS

Teens who are 16 years old or older can register for Adult Visual Arts classes, see page 27.

mcleancenter.org
FENCING

INTRODUCTION TO OLYMPIC SPORT FOIL, SABRE AND EPEE

Known as the “physical game of chess,” Olympic sport fencing provides a tremendous physical and mental workout for all ages and athletic abilities. Fencing builds muscle strength, cardiovascular endurance, coordination and speed. The instructor teaches the fundamentals of footwork, handwork and strategy using safety-tipped swords, protective jackets, masks and gloves.

**Instructor:** Virginia Academy of Fencing.

**14 years+**

6 lessons @ 1 hr, $88/$72 MCC district residents

**1951.222 M, 9/19-10/31 8:10-9:10 p.m.**

*No lesson on 10/10.*

PARENT AND CHILD

CULINARY ARTS

FAMILY FUN TACO NIGHT

What a great way to spend a Friday evening—preparing a delicious spread of traditional as well as soon-to-be taco favorites. On the menu: Spicy Black Bean and Roasted Corn Tacos with Lime Cream and Homemade Taco Sauce; Honeyeyed Sweet Potato, Brie and Herb Tacos; Seared Chipotle Citrus Pork Tacos with Black Olive and Orange Salsa; Smoky Shiitake and Walnut Meat Tacos with Roasted Tomato Salsa; Garlic Shrimp Tacos with Avocado and Sweet Peppers; Mexican Cinnamon Cookies.

**Instructor:** Chef Joel Olson, Hemmachef.

**6 years+ w/parent or guardian**

1 lesson @ 2 hrs, $124/$100 MCC district residents. Class fee includes payment for one child and one adult. $45, each additional child.

**1311.222 F, 10/21 5:30-7:30 p.m.**

PARENT AND CHILD BREAKFAST

In this class, parents and kids will learn techniques and recipes to prepare a variety of dishes to be enjoyed by the whole family for years to come. Individual Classic Cheese Omelets, Maple Candied Ham Slices, Soft Scrambled Eggs with Cream and Cheese, Baked Sunny Side Up Eggs with Caramelized Onions, Apple-Stuffed French Toast with Apple Butter, Cinnamon Swirl Coffee Cake Muffins.

**Instructor:** Chef Joel Olson, Hemmachef.

**6 years+ w/parent or guardian**

1 lesson @ 2 hrs, $124/$100 MCC district residents. Class fee includes payment for one child and one adult. $45, each additional child.

**1313.222 Su, 10/23 2-4 p.m.**

PARENT AND CHILD PASTA

Spend a Saturday morning making fresh basic egg pasta from scratch then learn how to make these pasta shapes: cavatelli (small hollow pasta shells); orecchiette (small ear-shaped pasta); pappardelle (large, broad flat noodles); quadrucci (little squares). Participants will then learn to make these delicious sauces to enjoy with their pasta: aglio e olio (olive oil, garlic, parmesan) and Alfredo (garlic, cream, cheese).

**Instructor:** Chef Joel Olson, Hemmachef.

**6 years+ w/parent or guardian**

1 lesson @ 2 hrs, $124/$100 MCC district residents. Class fee includes payment for one child and one adult. $45, each additional child.

**1312.222 Sa, 10/22 10 a.m.-noon**
PARENT AND CHILD HALLOWEEN TREATS
Learn to make these scary sweet treats: Gum and Teeth Treats; Halloween Candy Bark; Black as Night Mints; Pick of the Litter Box (Hand-Rolled Tootsie Rolls); Bloody S’mores; “Ear Wax” Q-tips.
Instructor: Chef Joel Olson, Hemmachef.
1 lesson @ 2 hrs, $124/$100 MCC district residents. Class fee includes payment for one child and one adult. $45, each additional child.
1314.222 Sa, 10/29  10 a.m.-noon

PARENT & CHILD HOLIDAY TREATS
Spend a Saturday morning with your child or a special friend! Prepare, then take home: Cream Cheese Peppermints, Viennese Coffee Balls, Confetti Coconut Candy Drops, Chocolate-Dipped Pretzels with Sprinkles.
Instructor: Chef Joel Olson, Hemmachef.
1 lesson @ 2 hrs, $124/$100 MCC district residents. Class fee includes payment for one child and one adult. $45, each additional child.
1315.222 Sa, 12/17  10 a.m.-noon

ADULTS
18 YEARS+
CULINARY ARTS

KNIFE SKILLS WORKSHOP
Take this very popular and informative class to learn and practice the techniques that help take the chore out of cooking. Techniques include boning a chicken, dicing onions, carrots and other vegetables, cutting fruit and pasting garlic. Knife selection, sharpening and care will also be covered. Bring your own knives or use ours. A light meal will be served.
Instructor: Chef Joel Olson, Hemmachef.
1 lesson @ 3 hrs, $85/$70 MCC district residents.
1336.222 M, 10/24  10:30 a.m.-1:30 p.m.
1330.222 M, 10/24  7-10 p.m.

THE FISH CLASS
Understand many different types of fresh water and saltwater fish, round fish and flat fish. Learn cooking methods and techniques (including marinating and grilling) and gain a repertoire of recipes to approach the fish counter with confidence. On the menu: Sherry-Steamed Snapper with Peppers, Black Bean and Catalonian Tomato Bread, Olive Oil Braised Cod with Roasted Garlic Mashed Potatoes and Crisp Charred Green Beans, Psari Plaki (Greek-style baked fish with lemon and white wine) with Greek Zucchini Fritters, Mediterranean Chickpea and Lemon Fish Cakes with Spicy Yogurt Sauce.
Instructor: Chef Joel Olson, Hemmachef.
1 lesson @ 3 hrs, $96/$78 MCC district residents
1317.222 Tu, 10/25  10:30 a.m.-1:30 p.m.
1331.222 Tu, 10/25  7-10 p.m.

FALL TARTS!
Work with classic pâte brisée, tart dough, puff pastry and phyllo while making: Canadian Bacon, Caramelized Shallot and Wisconsin Cheddar Tart, Red Onion and Tomato Tarte Tatin, Slab Galette with Fig, Brie and Lavender, Candied Orange and Chocolate Tarts, Peanut Butter Cup Tart and Bourbon Pecan Tart.
Instructor: Chef Joel Olson, Hemmachef.
1 lesson @ 3 hrs, $85/$70 MCC district residents
1318.222 W, 10/26  10:30 a.m.-1:30 p.m.

FALL GRILLING
Learn to make: Grilled Dry-Rubbed Shrimp with Creamed Corn, Moroccan-Style Grilled Eggplant with Spicy Red Pepper Vinaigrette and Grilled Pita, BBQ Jerk Chicken with Plantain Chips, Ginger- and Miso-Glazed Grilled Mixed Vegetables with Wasabi Lime Potato Salad, Grilled Chicken Caesar Sandwich with Parmesan Crisps.
Instructor: Chef Joel Olson, Hemmachef.
1 lesson @ 3 hrs, $96/$78 MCC district residents
1319.222 W, 10/26  7-10 p.m.

THANKSGIVING FEAST
Take the stress out of hosting a Thanksgiving Celebration with plenty of do-ahead Turkey Day tips. On the menu: Herb-Rubbed Roast Turkey Breast with Classic Giblet Gravy, Pecan and Herb Dressing, Heavenly Mashed Sweet and Russet Potatoes, Maple-Roasted Sweet Potatoes, Green Beans with Mushroom Veloute and Caramelized Onions, Cranberries with Port and Orange, Cream Biscuits, Cranberry Apple Tart with Cinnamon Crème Chantilly.
Instructor: Chef Joel Olson, Hemmachef.
1 lesson @ 3 hrs, $96/$78 MCC district residents
1320.222 Th, 12/27  10:30 a.m.-1:30 p.m.
1332.222 Th, 12/27  7-10 p.m.
THE SUSHI CLASS
We will get things rolling by preparing Shari rice, then assemble the ingredients for the following sushi preparations. Spicy Tuna Rolls, California Rolls, Wisconsin Rolls, Inside-Out Rolls, Shrimp Rolls, Shiitake and Asparagus Rolls and Miso Soup. Please note no raw fish or shellfish will be used in class.
Instructor: Chef Joel Olson, Hemmachef.
1 lesson @ 3 hrs, $96/$78 MCC district residents
1321.222  F, 10/28  10:30 a.m.-1:30 p.m.
1333.222  F, 10/28  7-10 p.m.

GIFTS FROM THE KITCHEN
There is plenty of time to make meaningful, heartfelt holiday gifts from the kitchen. Learn about, and help to prepare a huge variety of gifts, including Infused Oils and Vinegars, Flavored Sugars, Fruit Butters, Jams, Jellies and Marmalades, Pickled Peppers, Quick Breads, Yeast Breads, Spice Rubs and Blends, Homemade Marinades, Soup and Chili Kits, Liqueurs, Bath Salts and Soaks. A light meal will be served.
Instructor: Chef Joel Olson, Hemmachef.
1 lesson @ 3 hrs, $85/$70 MCC district residents
1322.222  Su, 10/30  1:30-4:30 p.m.

RISOTTO AND GNOCCHI WORKSHOP
Instructor: Chef Joel Olson, Hemmachef.
1 lesson @ 3 hrs, $96/$78 MCC district residents
1324.222  W, 12/14  10:30 a.m.-1:30 p.m.
1328.222  W, 12/14  7-10 p.m.

RAMEN
No packets of skinny noodles and pouches of MSG in this class. Learn to make noodle dough from scratch, then roll, stretch and cut the dough into fresh noodles to be boiled and enjoyed with a variety of classic ramen ingredients. Learn to make the wonderful, simmered broths, including sweet pork, vegetable, chicken and miso.
Instructor: Chef Joel Olson, Hemmachef.
1 lesson @ 3 hrs, $85/$70 MCC district residents
1325.222  Th,12/15  10:30 a.m.-1:30 p.m.
1329.222  Th, 12/15  7-10 p.m.

SCONE WORKSHOP
Learn the basics of scones while making and baking a variety of scones that you get to take home with you! Participants can make up to five batches of wonderfully delicate scones! On the menu: Basic Buttermilk Scones with these flavor options (or any variation you choose): Lemon Cranberry with Lemon Glaze, Oat Nut with Maple Glaze, Cinnamon Spice and Raisin and Ham and Cheddar.
Instructor: Chef Joel Olson, Hemmachef.
1 lesson @ 3 hrs, $85/$70 MCC district residents
1326.222  F, 12/16  10:30 a.m.-1:30 p.m.
DANCE

INTRODUCTION TO BALLROOM DANCE
This introductory class gives brand new dancers a great foundation in footwork, musicality, and lead follow in most of the ballroom and rhythm dances. Each month will focus on a different style of ballroom. Students will learn to Waltz, Foxtrot, Cha-Cha, Rumba and Swing! The instructors for this class are Jeff Virchow and Allie O’Hare who helped train none other than Vernon Davis for his debut on Dancing With The Stars!

Instructor: Art in Motion Dance Staff.

In-Person
11 lessons @ 1 hr, $376/$308 MCC district residents
1751.222  M, 9/19-12/5  6:30-7:30 p.m.

Virtual
11 lessons @ 1 hr, $316/$259 MCC district residents
1752.222  M, 9/19-12/5  6:30-7:30 p.m.
No lesson on 10/10 for both In-Person and Virtual.

BALLROOM DANCE I
This class is for students who have already completed our Intro to Ballroom Class or who have equivalent experience. We will continue to develop more advanced skills in Waltz, Foxtrot, Cha-Cha, Rumba and Swing and explore all aspects of ballroom dance!

Instructor: Art in Motion Dance Staff.

In-Person
11 lessons @ 1 hr, $376/$308 MCC district residents
1753.222  M, 9/19-12/5  7:45-8:45 p.m.

Virtual
11 lessons @ 1 hr, $316/$259 MCC district residents
1754.222  M, 9/19-12/5  7:45-8:45 p.m.
No lesson on 10/10 for both In-Person and Virtual.

FITNESS

ZUMBA
A total workout, combining all elements of fitness—cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

Instructor: Art in Motion Dance Staff.

In-Person
11 lessons @ 1 hr, $376/$308 MCC district residents
1749.222  Tu, 9/20-12/6  10-11 a.m.

Virtual
11 lessons @ 1 hr, $316/$259 MCC district residents
1750.222  Tu, 9/20-12/6  10-11 a.m.
No lesson on 11/8 for both In-Person and Virtual.

CARDIO, STRENGTH & BALANCE
A custom blend of cardio conditioning suitable for all fitness levels. This training format uses body weight, free weights and balance work to improve coordination, stability and spatial awareness. You will need aerobic shoes, light weights and a yoga mat.

Instructor: BodyMoves Fitness, LLC.
11 lessons @ 55 mins, $228/$187 MCC district residents
1850.222  M, 9/19-12/5  10:15-11:10 a.m.
No lesson on 10/10.
**TOTAL FIT**  
*For all fitness levels. This moderate intensity, low-impact aerobics program incorporates weight training, core strength, flexibility and balance and body awareness techniques to provide a comprehensive fitness workout. You will need aerobic shoes, hand weights and a mat.*  
**Instructor:** BodyMoves Fitness, LLC.  
**Virtual**  
11 lessons @ 55 mins, $228/$187 MCC district residents  
1851.222  M, 9/19-12/5  5:30-6:25 p.m.  
No lesson on 10/10.  
**Virtual**  
9 lessons @ 55 mins, $187/$153 MCC district residents  
1852.222  Th, 9/22-12/8  10:15-11:10 a.m.  
No lesson on 11/10, 11/24 and 12/1.

**BODY SCULPT**  
*For all fitness levels. Shape and tone upper, middle and lower body, building and maintaining muscle strength, bone density, endurance and ease of movement, working all major and minor muscle groups. You will need aerobic shoes, hand weights and a mat.*  
**Instructor:** BodyMoves Fitness, LLC.  
11 lessons @ 55 mins, $228/$187 MCC district residents  
1855.222  Tu, 9/20-12/6  10:15-11:10 a.m.  
No lesson on 11/8.

**AEROBIC DANCE WORKOUT**  
Choreographed routines provide heart-healthy benefits, while sculpting and mat work offer strengthening and stretching. You will need aerobic shoes, light weights, flex bands and a mat.  
**Instructor:** BodyMoves Fitness, LLC.  
11 lessons @ 55 mins, $228/$187 MCC district residents  
1856.222  W, 9/21-12/7  9:15-10:10 a.m.  
No lesson on 11/23.

**TAI CHI & QIGONG**  
*All fitness levels welcome. This combination of ancient practices offers health and fitness benefits including improved circulation and immunity, reduced chronic pain and blood pressure, stress calming and enhanced balance and coordination. Please wear soft-soled shoes and loose, comfortable clothing.*  
**In-Person**  
11 lessons @ 55 mins, $228/$187 MCC district residents  
1867.222  Tu, 9/20-12/6  11:30 a.m.-12:25 p.m.  
No lesson on 11/8.  
**Virtual**  
9 lessons @ 55 mins, $187/$153 MCC district residents  
1868.222  F, 9/23-12/9  9:30-10:25 a.m.  
No lesson on 11/11, 11/25 and 12/2.

**KUNDALINI YOGA FOR VITALITY & BALANCE**  
*Accessible regardless of age or physical ability, this style of yoga uses exercises, breathwork, mantra and meditation to foster vitality in body, balance in mind and openness in spirit. You will need a thick yoga mat and a pillow for floor sitting.*  
**Instructor:** BodyMoves Fitness, LLC.  
**Virtual**  
11 lessons @ 80-min, $264/$220 MCC district residents  
1869.222  Tu, 9/20-12/6  5:30-6:50 p.m.  
No lesson on 11/8.

**YOGA SCULPT & STRENGTH**  
Integrates the advantages of muscle conditioning with the alignment benefits of yoga practice. Helps bring mind and body into harmony, using breath and focus to work fully with decreased stress and injury. You will need a yoga mat and block.  
**In-Person**  
11 lessons @ 55 mins, $228/$187 MCC district residents  
1870.222  W, 9/21-12/7  11:30 a.m.-12:25 p.m.  
**Virtual**  
11 lessons @ 55 mins, $228/$187 MCC district residents  
1870.222  W, 9/21-12/7  11:30 a.m.-12:25 p.m.  
No lesson on 11/23 for both In-Person and Virtual.
**VISUAL ARTS**

McLean Project for the Arts (MPA) offers the following art classes and workshops for children, teens and adults taught by its professional art faculty. Instructors and supply lists for each class are listed on MPA’s website.

To register for MPA art classes, visit [www.mpaart.org](http://www.mpaart.org).

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**BASIC ABSTRACT WITH MIXED MEDIA**

This class may transfer online depending on the future social distancing guidelines of COVID-19. Students of all levels welcome. This is an acrylic-based class. Through color, design, composition, theory and the creative process, students will explore abstract drawing and painting through an art-historical lens. We will attempt dynamic mark-making and complex color combinations as we develop a personal voice in the realm of abstract painting, while also incorporating mixed media elements.

**Instructor:** M. Jane Johnson.

8 lessons @ 3 hrs, $370/$350 MCC district residents

M, 10/17-12/5 10 a.m.-1 p.m.

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**KOLAM**

Classes will be held virtually through Zoom. Tamil women from India often begin and end their days by drawing kolams. Kolams are drawn on the ground just outside the front door of houses using rice or rock powder. These repeating patterns have been passed down from generation to generation for centuries. In this class, you will learn how to draw kolams on paper, starting with simple exercises and then move on to more complex patterns. You’ll also create an accordion-fold book with the kolams you’ve learned.

**Instructor:** Shanthi Chandrasekar.

**Virtual**

5 lessons @ 1.5 hrs, $190

M, 10/31-11/28 10:30 a.m.-noon

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**PORTRAIT AND FIGURE PAINTING**

Some drawing experience necessary. Come and learn figure painting in oils, acrylics or pastels from a live model. In this class, you will gain the knowledge of basic painting concepts and techniques, such as value, color temperature, composition and transition. You will be exposed to the different approaches to start a painting and the theories behind them. Step-by-step instructions will take you through the entire process of a painting. Short demos will be given by the instructor to show how to apply these concepts and techniques.

**Instructor:** Jordan Xu.

8 lessons @ 2 hrs, $310/$290 MCC district residents

Model fee included in the price.

M, 10/17-12/5 7-9 p.m.

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**CHALLENGES**

For experienced students who want to be challenged with new ideas or ways of working. Choosing from many different mediums, you will be given a new challenge at the beginning of each class. The mediums used in each class will be given to you before class so that you will know what to bring with you. You will not know the specific challenge until you show up for class. Come with an open mind and a desire for experimentation and fun.

**Instructor:** Marise Riddell.

8 lessons @ 3 hrs, $370/$350 MCC district residents

W, 10/5-11/30 1-4 p.m.

No lesson on 11/23.
FREEDOM OF WATERCOLOR

*Classes will be held virtually through Zoom.*

*Students of all levels welcome.* The joy in creating fresh, loose and sparkling paintings comes from understanding what watercolors can do. Freedom gives one the ability to explore new techniques and develop a unique voice for your creative vision. Learn the secrets of not just how to paint from your imagination, but to understand the real science of color theory and how it applies to watercolors.

**Instructor:** Barbara Januszkiewicz.

**Virtual**

8 lessons @ 2 hrs, $235

Th, 10/6-12/1 10 a.m.-noon

*No lesson on 11/24.*

VIBRANT FLOWER PAINTINGS IN OIL

*Classes will be held virtually through Zoom.* All levels welcome. Capture the beauty of flowers with new techniques! In this class, we will learn how to capture the quality, the feeling and the spirit of flowers while exposing you to new techniques. You will learn essential techniques for composing and framing—how to create an under painting and block in major shapes, controlling your values and how to add textures, highlights and shadows to add lifelike details.

**Instructor:** Joyce Lee.

6 lessons @ 2.5 hrs, $230/$220 MCC district residents

Th, 10/13-12/8 10 a.m.-12:30 p.m.

*No lesson on 11/10, 11/24 and 12/1.*

LANDSCAPE IN OIL

During the course, Joyce Lee will demonstrate step by step how to capture a beautiful landscape on your canvas. Students will study proportions of landscapes and how to block in a composition on canvas. They will also continuously study value, edges and color relationships while they finish two or three different landscapes.

**Instructor:** Joyce Lee.

**Virtual**

8 lessons @ 2.5 hrs, $290

Th, 10/6-12/1 7-9:30 p.m.

*No lesson on 11/24.*

DRAWING AND PAINTING STUDIO

*For all skill levels.* A working studio classroom for beginners, experienced students and artists seeking to improve their skills. This course covers the fundamentals of drawing and painting. More experienced artists will have the opportunity to develop a body of work and critique in a creative environment. Students are encouraged to explore their own concepts and styles of expression.

**Instructor:** David Carlson.

8 lessons @ 2.5 hrs, $310/$290 MCC district residents

Th, 10/6-12/1 7-9:30 p.m.

*No lesson on 11/24. On 11/10 and 12/1 class will be held virtually.*
CONTEMPORARY ART
FOCUS: PAINTING & MIXED MEDIA

For all skill levels. Working from individual drawings, painted images and photographs, students will create a series of paintings and drawings containing mixed media and collaged surfaces. Students will be encouraged to find and explore their own choices in terms of subject matter in addition to working from still life, photographs and patterned abstract paintings. Group critiques, art historical sources and individual experimentation will be encouraged.

Instructor: Sharon Fishel.
6 lessons @ 2 hrs, $185/$175 MCC district residents
F, 10/7-11/18  10 a.m.-noon
No lesson on 11/11.

MPA WORKSHOPS

CREATING ARTWORK WITH LAYERED PAPER: TREES!
Beginners welcome! In this fun workshop, you’ll learn a fun and playful art form using hundreds of kinds of papers. Trees will be our inspiration! You’ll be ripping, cutting and manipulating the papers as you glue them to a stretched canvas.

Instructor: Ronni Jolles.
1 workshop @ 3 hrs, $75. Supplies will be provided by the instructor. A materials fee of $25 is due to the instructor at the time of the workshop.
Su, 10/9  1-4 p.m.

CREATING ARTWORK WITH LAYERED PAPER: FENCE WITH FLOWERS & VINES
In this fun workshop, you’ll learn how to create a beautiful scene with a picket fence surrounded by flowers and vines. Using hundreds of kinds of papers, Ronni will guide you as you follow her process for this tactile and textural art. You’ll be ripping, cutting and manipulating the papers as you glue them to a stretched canvas. Prior intro workshop is recommended.

Instructor: Ronni Jolles.
1 workshop @ 3 hrs, $75. Supplies will be provided by the instructor. A materials fee of $25 is due to the instructor at the time of the workshop.
Su, 11/6  1-4 p.m.

CREATING ARTWORK WITH LAYERED PAPER: WINTER LANDSCAPE
In this fun workshop, you’ll create a beautiful piece of art, inspired by winter scenes, in layered paper! You’ll be ripping, cutting and manipulating the papers as you glue them to a stretched canvas. Prior experience in this art form is suggested.

Instructor: Ronni Jolles.
1 workshop @ 3 hrs, $75. Supplies will be provided by the instructor. A materials fee of $25 is due to the instructor at the time of the workshop.
Su, 12/11  1-4 p.m.
ACTIVE SENIORS

FITNESS

GENTLE YOGA FITNESS
Enjoy increased flexibility, strength, balance and energy as you challenge yourself, while respecting and honoring your body. You will need a yoga mat, strap and block, a resistance band, a set of 1- to 2-lb hand weights and water.

Instructor: BodyMoves Fitness, LLC.

In-Person
9 lessons @ 55 mins, $187/$153 MCC district residents
1873.222  Th, 9/22-12/8  11:30 a.m.-12:25 p.m.
No lesson on 11/10, 11/24 and 12/1.

Virtual
11 lessons @ 55 mins, $228/$187 MCC district residents
1872.222  M, 9/19-12/5  11:30 a.m.-12:25 p.m.
No lesson on 10/10.

SENIOR WORKOUT
Enhance stamina, functional fitness and bone health, using strength training to prevent injury and improve psychological wellbeing. You will need aerobic shoes, light weights, a flex-band and a Bender Ball (6-9 inch).

Instructor: BodyMoves Fitness, LLC.

11 lessons @ 55 mins, $228/$187 MCC district residents
1874.222  W, 9/21-12/7  10:15-11:10 a.m.
No lesson on 11/23.

SENIORS IN ACTION (SIA)
Come be a part of the MCC’s Seniors in Action (SIA) Program! Participate in a variety of activities designed to keep you healthy, active, and having fun! Build relationships and foster a sense of community while enjoying fitness classes, games, speakers, and social activities! Seniors in Action Program Manager Carrie Conley will help make your time at the MCC fun and fulfilling.

Questions? Contact Carrie Conley, SIA Program Manager, caroline.conley@fairfaxcounty.gov.

1960.222 $60/$50 MCC district residents

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<tr>
<th>Day</th>
<th>Activity</th>
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<tbody>
<tr>
<td>Monday</td>
<td>9-10 a.m.</td>
<td>SIA Chi Kung</td>
<td>SIA Games &amp; Game Learning</td>
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<td>10:30 a.m.-12:30 p.m.</td>
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<td>SIA S.A.I.L. Exercise Class</td>
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<td>SIA Mah-Jongg Practice &amp; Play</td>
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<td>Tuesday</td>
<td>9-10 a.m.</td>
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<td>SIA Speakers &amp; Special Events</td>
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<td>10:30-12:30 p.m.</td>
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<td>SIA Community Connections</td>
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<td>Wednesday</td>
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<td>Thursday</td>
<td>9-10 a.m.</td>
<td>S.A.I.L. Exercise Class</td>
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<td>10:30-1:30 p.m.</td>
<td>SIA Bridge</td>
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SIA BOOK CLUB FALL SCHEDULE
9:30-10:30 a.m. One Tuesday per month.

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<tr>
<th>Date</th>
<th>Genre</th>
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<tr>
<td>9/20/22</td>
<td>Historical Fiction, Before We Were Yours by Lisa Wingate</td>
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<tr>
<td>10/11/22</td>
<td>Award-Winning Fiction T.B.D.</td>
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<tr>
<td>11/15/22</td>
<td>Classic Fiction T.B.D.</td>
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<tr>
<td>12/6/22</td>
<td>Non-Fiction T.B.D.</td>
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SIA SPECIAL ACTIVITIES

COOKING THYME WITH STACIE
Tuesday, Sept. 20, 11 a.m.-12:30 p.m.
9011.222 $30/Free for SIA members
We will be making French dessert crepes in this cooking class.

FALLS SCREENING & SAFETY FOR OLDER ADULTS W/ NOVA FALLS PREVENTION ALLIANCE
Wednesday, Sept. 21, 10 a.m.-Noon
9012.222 Free for all registered participants
In recognition of National Falls Prevention Awareness Week, the Northern Virginia Falls Prevention Alliance (NVFPA) will be offering fall screenings and will provide fall safety information for older adults.

GETTING THE MOST FROM GOOGLE
Wednesday, Sept. 28, 10-11:30 a.m.
9013.222 $10/Free for SIA members
There is a lot more to Google than search. If you have a Google account, you also have an email account with many hidden features, a calendar you can share with friends and family, collaborative word processing, and more. In this session we’ll look at how you can make good use of these free services.

GIANT NUTRITION SERIES: 4 WEEKS TO A HEALTHIER YOU
Wednesdays, Oct. 5-Oct. 26, 10-11 a.m.
9014.222 Free for all registered participants
Whether you’re concerned about weight, chronic disease management or just optimizing your health, this four-week series will help you identify relatively simple and gradual changes that add up to major improvements. Join Kristen McGill, MS, RDN, CSOWM, LDN, as we discuss diabetes, heart health, gut health and even brain health—and sample some tasty new products along the way!

CRAFTERNOON: LEATHER CRAFT
Tuesday, Oct. 18, 1-3 p.m.
9015.222 $10/Free for SIA members
Join MCC’s very own Director of Programs, Michael Fisher, as he shares his passion for leatherworking.

Additional activities will be added throughout the year. Sign up for MCC’s weekly newsletter and be the first to hear about new SIA opportunities!

We are always looking for ways to serve our SIA participants better. Don’t see an activity you want? Then suggest it to us! Email programs@mcleancenter.org with your ideas.
DROP-IN GAMES & PLAY FOR ALL AGES

Free Participation, Open to All!
Meet up with your friends or make some new ones and enjoy fun and games in your community! Registration is NOT required for this self-led activity. MCC staff will ensure all necessary gaming supplies are available.

SEPTEMBER–DECEMBER
Children under 18 must be accompanied by an adult.

<table>
<thead>
<tr>
<th>Game</th>
<th>Location</th>
<th>Date/Time</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mah-Jongg</td>
<td>MCC Hampton Rm</td>
<td>Tu, 7-10 p.m.</td>
<td>Participation is free and players of all skill levels are welcome to join.</td>
</tr>
<tr>
<td>Mah-Jongg</td>
<td>Old Firehouse Center</td>
<td>W, 10 a.m.-1 p.m.</td>
<td>Participation is free and players of all skill levels are welcome to join.</td>
</tr>
<tr>
<td>Various</td>
<td>Old Firehouse Center</td>
<td>Th, 6:30-9 p.m.</td>
<td>Ping Pong, Pool, Scrabble and more are available at this free activity open to players of all skill levels.</td>
</tr>
<tr>
<td>Bridge</td>
<td>MCC Hampton Room</td>
<td>F, 7-10 p.m.</td>
<td>Participation is free and players of all skill levels are welcome to join.</td>
</tr>
</tbody>
</table>

Drop-In Games & Play activities will not be held on Fairfax County Government holidays.

Do you have an idea for a game you'd like to play at the MCC/OFC? Please give us your suggestions! Email programs@mcleancenter.org and tell us what games you'd like to see available for drop-in play.
MCC HOLDS INTERFAITH IFTAR/BREAKING OF THE FAST EVENT

On the evening of Wednesday, April 13, 2022, McLean Community Center (MCC) and the McLean Islamic Center cohosted an Iftar Dinner in the community hall. Highlighting a significant religious observance, the purpose of the event was to offer inclusive programming to underserved members of Small District 1A-Dranesville and to create meaningful connections between McLean’s various faith communities.

MCC Executive Director Daniel Singh said, “We are lucky to have an abundant and vibrant community in McLean showcasing the diversity of the world right in our backyards. This dinner is a celebration of that fact.”

The dinner was attended by McLean Islamic Center’s Imam Magid, Rabbi Saxe of Temple Rodef Shalom and members of their congregations. U.S. Congressman Gerry Connolly addressed the gathering, which was also attended by State Senator Barbara Favola, State Delegate Kathleen Murphy, U.S. Congressman Don Beyer, State Delegate Dan Helmer, State Senator Ghazala Hashmi and Fairfax School Board Member Abrar Omeish, among others. Fairfax County Board of Supervisors Chair Jeffrey C. McKay sent a video message and Dranesville District Supervisor John Foust contributed remarks, which were shared by MCC Executive Director Daniel Singh.

MCC’S LAUNCHES REDESIGNED WEBSITE WITH ENHANCED FEATURES

With the help of design agency, Kompleks Creative of Durham, N.C., MCC has recently launched a new and improved website. Based on the content management system (CMS) WordPress, the redesigned site features several improvements including increased search engine optimization (SEO), more direct access to information, a new events calendar, language translation options and compliance with Web Content Accessibility Guidelines (WCAG). Be sure to check it out!
**SEPTEMBER**

| 9/5  | Labor Day, Center Closed |
| 9/7  | MCC Governing Board Meeting of the Whole on FY2024 Budget, 6:30 p.m. |
| 9/9  | OFC Family Fun Bingo 7-9:30 p.m. |
| 9/10 | Fall Community Parking Lot Sale, 9 a.m.–1 p.m. |
| 9/14 | Old Firehouse Block Party 1-4 p.m. |
| 9/17 | Sons of Mystro, 5 p.m. |
| 9/24 | Harvest Happenings 11 a.m.–2 p.m. |
| 9/26 | OFC iFly & Movie Trip 8 a.m.–6 p.m. |
| 9/28 | MCC Governing Board Meeting + Public Hearing on FY2024 Budget, 6:30 p.m. |

**OCTOBER**

| 10/1 | McLean 5k, 8 a.m. |
| 10/10 | Touch-A-Truck, 10 a.m.–noon |
| 10/14 | OFC Haunted Trip 4:30–11 p.m. |
| 10/14 | The Boy Band Project, 7 p.m. |
| 10/15 | “Tackling Body Image” Panel 7 p.m. |
| 10/16 | McLean Pet Fest 11 a.m.–4 p.m. |
| 10/21 | OFC Monster Mash Party 7–9:30 p.m. |
| 10/23 | The Peking Acrobats, 2 p.m. |
| 10/26 | MCC Governing Board Meeting, 6:30 p.m. |
| 10/27 | “Original Cast Album: Company” & “Documentary Now,” 1 p.m. |
| 10/29 | OFC Fest of Frights & Trunk or Treat, 5–10 p.m. |
| 10/31 | OFC Thrills & Chills Day 8 a.m.–6 p.m. |
### November

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>11/3</td>
<td>“The Dead Lands,” 1 p.m.</td>
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<tr>
<td>11/4</td>
<td>The Unruly Theatre Project, 7 p.m.</td>
</tr>
<tr>
<td>11/8</td>
<td>Election Day, Center Closed</td>
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<tr>
<td>11/11</td>
<td>Veterans Day, Center Closed</td>
</tr>
<tr>
<td>11/12</td>
<td>McLean Antiques Show &amp; Sale, 10 a.m.-5 p.m.</td>
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<tr>
<td>11/13</td>
<td>McLean Antiques Show &amp; Sale, 11 a.m.-4 p.m.</td>
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<tr>
<td>11/17</td>
<td>“Arlo Guthrie: Alice’s Restaurant 50th Anniversary Concert,” 1 p.m.</td>
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<tr>
<td>11/18</td>
<td>OFC Snack &amp; Paint, 7-9 p.m.</td>
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<tr>
<td>11/20</td>
<td>District5, 2 p.m.</td>
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<tr>
<td>11/24-25</td>
<td>Thanksgiving, Center Closed</td>
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### December

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>12/10</td>
<td>Milk &amp; Cookies with Santa, 10 a.m.-noon</td>
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<tr>
<td>12/11</td>
<td>The Joshua Show “The Joyfully Jolly Jamboree,” 4 p.m.</td>
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<tr>
<td>12/16</td>
<td>The Unruly Theatre Project, 7 p.m.</td>
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<tr>
<td>12/18</td>
<td>Virginia Chamber Orchestra, 2 p.m.</td>
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<tr>
<td>12/19</td>
<td>Summit Ropes &amp; Movie, 8 a.m.-6 p.m.</td>
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<tr>
<td>12/19</td>
<td>The Barter Players “Frosty,” 4 p.m.</td>
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<tr>
<td>12/20</td>
<td>Gaylord National Winter Event, 8 a.m.-6 p.m.</td>
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<tr>
<td>12/21</td>
<td>Dave &amp; Buster’s, 8 a.m.-6 p.m.</td>
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<tr>
<td>12/22</td>
<td>Hershey’s Chocolate World, 10 a.m.-11 p.m.</td>
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<tr>
<td>12/22</td>
<td>“Mariachi High,” 1 p.m.</td>
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<tr>
<td>12/23</td>
<td>Christmas Eve, Center Closes Early</td>
</tr>
<tr>
<td>12/25-26</td>
<td>Christmas Day, Center Closed</td>
</tr>
<tr>
<td>12/27</td>
<td>Ultimate Archery &amp; Movie, 8 a.m.-6 p.m.</td>
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<tr>
<td>12/28</td>
<td>Autobahn Go-Karting &amp; Laser Tag, 8 a.m.-6 p.m.</td>
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<tr>
<td>12/29</td>
<td>Ice Skating &amp; VR Experience, 8 a.m.-6 p.m.</td>
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<tr>
<td>12/30</td>
<td>Splatter Paint Room &amp; Uptown Alley, 8 a.m.-6 p.m.</td>
</tr>
<tr>
<td>12/31</td>
<td>New Year’s Eve, Center Closes at 5 p.m.</td>
</tr>
</tbody>
</table>

The McLean Center website is at mcleancenter.org.
McLean Project for the Arts (MPA) is a nonprofit organization that presents the visual arts program for the community at the McLean Community Center (MCC), thanks to a public/private partnership with MCC and Fairfax County.

MPA presents exhibitions of contemporary art and provides education in the visual arts through a program of classes for children and adults, as well as lectures, tours, and ArtReach, an outreach program that brings school children and other groups to the gallery for educational programs. MPA presents art classes at MCC in the DuVal Studio and online through ZOOM.

ART GALLERY HOURS:
For the most current information on viewing our exhibitions, please see our website at mpaart.org or call 703-790-1953.

McLEAN PROJECT FOR THE ARTS STAFF:
Lori Carbonneau, Executive Director
Nancy Sauser, Curator & Artistic Director
Sharon Fisheľ, ArtReach Director
Safalai Adu, Finance Director
Deb Bissen, Communications & Public Affairs Director
Laura Gleason, Education & ArtReach Operations Manager

Additional MPA staff can be found at mpaart.org.

McLEAN PROJECT FOR THE ARTS CELEBRATES 60 YEARS OF EXCELLENCE

MPAartfest: connecting art and community
16th Annual
Sunday, October 2
McLean Central Park
10am - 4pm
Join Us to Celebrate the Arts In Our Community!
McLean's only juried art festival, MPAartfest showcases over 40 local & regional visual artists and some of the best local musicians in the DC metro area live on stage all day! This FREE event features contemporary art, Children's Art Walk and some of your favorite local food vendors throughout the day. It is a must-attend community event for art lovers of all ages!

Sponsor:
Sponsor an artist, an activity, or a performance during MPAartfest - your support will make a lasting impact.

Volunteer:
Volunteer and be part of the fun! Our hundreds of volunteers each year are essential to make this community festival a success.

For more information, contact MPA at MPAartfest@mpaart.org or call 703.790.1953.

2022 FALL PROGRAM GUIDE

FOR THE ARTS

Join us for our upcoming Exhibitions:

- Continuum: Artists Teaching Artists
  September 16 - November 10, 2022
  An invitational exhibition highlighting works by artists who give significant time collecting, teaching, and community-building while creating art that lends itself best to exploration and growth. Works will be on view from different kinds of fiber materials, experimenting and evolving new techniques in this process.

- Open "2nd" Reception: September 22, 5 PM

- In the Round: Three-Dimensional Fiber Works
  December 3, 2022 - February 18, 2023
  "In the Round" features undersea creatures and objects inspired by underwater life, created by artists who are dedicated to capturing the beauty and complexity of our marine world.

- Open "2nd" Reception: December 8, 7-9 PM
16th Annual
MPAartfest
connecting art and community

Sunday, October 2
10am - 4pm
McLean Central Park

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MPAartfest benefits MPA’s exhibition and education programs.
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<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>SEPT 17</td>
<td>5 p.m.</td>
<td>SONS OF MYSTRO @ McLEAN CENTRAL PARK</td>
</tr>
<tr>
<td>OCT 14</td>
<td>7 p.m.</td>
<td>THE BOY BAND PROJECT</td>
</tr>
<tr>
<td>OCT 15</td>
<td>7 p.m.</td>
<td>“TACKLING BODY IMAGE &amp; FLIPPING MENTAL HEALTH CHALLENGES” PANEL</td>
</tr>
<tr>
<td>OCT 23</td>
<td>2 p.m.</td>
<td>THE PEKING ACROBATS</td>
</tr>
<tr>
<td>OCT 27</td>
<td>1 p.m.</td>
<td>“ORIGINAL CAST ALBUM: COMPANY” &amp; “DOCUMENTARY NOW!”</td>
</tr>
<tr>
<td>NOV 3</td>
<td>1 p.m.</td>
<td>“THE DEAD LANDS”</td>
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<tr>
<td>NOV 4</td>
<td>7 p.m.</td>
<td>(the) UNRULY THEATRE PROJECT @ THE OLD FIREHOUSE CENTER</td>
</tr>
<tr>
<td>NOV 17</td>
<td>1 p.m.</td>
<td>“ARLO GUTHRIE: ALICE’S RESTAURANT 50TH ANNIVERSARY CONCERT”</td>
</tr>
<tr>
<td>NOV 20</td>
<td>2 p.m.</td>
<td>DISTRICT5</td>
</tr>
</tbody>
</table>

Programs subject to change.
MUSIC

SONS OF MYSTRO
sonsofmystro.com

The Sons of Mystro are brothers who use their violins to interpret reggae classics and American pop songs by artists including Al Green, LMFAO, Bob Marley and Dua Lipa. The group are winners of the Emerging Artists Under 21yr Old award presented by International Reggae & World Music Awards.

Running Time: Approximately 60 minutes.

“The band dazzled alongside each other, their chemistry drawing the crowd out of the shade and into the open lawn, dancing their way to the stage.”
—TropiCult (covering SunFest)

Saturday, Sept. 17, 5 p.m.
McLean Central Park,
1468 Dolley Madison Blvd.
McLean, Va. 22102
Free admission

THE BOY BAND PROJECT
theboybandproject.com

The Boy Band Project transports you back to a time when the boy band phenom dominated pop culture and MTV’s TRL was appointment television. Delivered with their own special mix of handsomeness, tongue-in-cheek humor and talent from Broadway’s “Wicked,” “Hairspray” and “Mamma Mia” (and more), these boys recreate the sounds and choreography of your favorite boy bands, from NKOTB to One Direction. Running Time: 90 minutes.

“The talent on the stage is simply overwhelming.”
—Broadway World

Friday, Oct. 14, 7 p.m.
$30/$20 MCC district residents
$25 students and seniors

VIRGINIA CHAMBER ORCHESTRA
vco.events

Northern Virginia’s own Virginia Chamber Orchestra has been called “one of the most interesting orchestras in the metropolitan area” by The Washington Post. Celebrate the holidays with festive orchestral sounds. Running Time: 90 minutes.

Sunday, Dec. 18, 2 p.m.
$25/$15 MCC district residents
$20 students and seniors
THEATER

THE JOSHUA SHOW: “THE JOYFULLY JOLLY JAMBOREE”
joshuashow.com

“The Joyfully Jolly Jamboree” has the look and feel of a classic 1950s TV holiday special—complete with 11 original songs, hand-crafted puppets, fake commercial breaks, a hilarious singalong, video projection and incredible choreography. This show oozes with nostalgia and charm for the whole family. Hosted by award-winning puppeteer and Ambassador of Joy, Joshua Holden. Running Time: Approximately 60 minutes.

“Joshua is the human embodiment of sunshine”
—Audience Member

Sunday, Dec. 11, 4 p.m.
$15/$10 MCC district residents
$12 students and seniors

THE BARTER PLAYERS: “FROSTY”
bartertheatre.com/frosty-on-tour

A young orphan named Billy discovers magic in a stolen hat, and when he places the hat on a snowman’s head, that snowman comes to life! Can Frosty help Billy find his real family in time for Christmas? Join them on a thrilling quest through New York City as they discover that the real magic of the season is love. Running Time: Approximately 60 minutes.

“I am still blown away by the powerful heart-warming message embedded into this story. Truly amazing!” —Audience Member

Monday, Dec. 19, 4 p.m.
$15/$10 MCC district residents
$12 students and seniors

“WHITE RABBIT, RED RABBIT”
A play by Nassim Soleimanpour
nassimsoleimanpour.com/whiterabbitredrabbit

No rehearsals. No director. No set. A different actor reads the script cold for the first time at each performance. Forbidden to leave his country, playwright Nassim Soleimanpour distilled the experience of an entire generation in a wild, utterly original play. “White Rabbit, Red Rabbit” is a work about contemporary Iran and of Nassim’s generation: computer-literate, well-informed young people who have never known an Iran other than the Islamic Republic. “White Rabbit, Red Rabbit” has been performed over 3,000 times worldwide including by Nathan Lane, Alan Cumming, Whoopi Goldberg, Laura Linney, Martin Short, Sinead Cusack, F. Murray Abraham, Cynthia Nixon, Stephen Rea and John Hurt, among many others. It has been translated into more than 30 languages and performed in more than 50 countries.

Running Time: Approximately 60 minutes.

“A dazzling, transcendent piece of alive-and-kicking avant-garde theater.” —Entertainment Weekly

Thursday-Saturday, Jan. 5-7, 12-14, 19-21, 7 p.m.
$20/$15 MCC district residents/$17 students and seniors
Contains theatrical expression of suicide ideation.

CIRCUS

THE PEKING ACROBATS®
chineseacrobats.com

For the last 32 years, The Peking Acrobats® have redefined audience perceptions of Chinese acrobatics. They perform daring maneuvers atop a precarious pagoda of chairs and display their technical prowess at such arts as trick-cycling, precision tumbling, juggling, somersaulting and gymnastics. They push the limits of human ability, defying gravity with amazing displays of contortion, flexibility and control. Everybody at every age will be thrilled and delighted by The Peking Acrobats®. Running Time: 90 minutes.

Sunday, Oct. 23, 2 p.m.
$40/$30 MCC district residents/$35 students and seniors
SPEAKERS

“TACKLING BODY IMAGE AND FLIPPING MENTAL HEALTH CHALLENGES”

A Discussion with Laurie Hernandez and Shaquem Griffin. Moderated by Christine Brennan

Laurie Hernandez is known as the “human emoji.” She is the first U.S.-born Latina to make the U.S. Olympic team since 1984 and brought home the gold and silver medals at the 2016 Rio Olympic Games, but the road to get there wasn’t easy—she endured year of rigorous training, intense sacrifices and verbal and emotional abuse from her coach causing an eating disorder and depression. She learned to take charge of her mental health by challenging the myths and stereotypes surrounding mental health issues.

Shaquem Griffin made history as the NFL’s first-ever one-handed player. Now he inspires others to overcome adversity and persevere. Griffin was born just minutes after his twin, Shaquill. Both boys went on to become remarkable athletes in high school and college at the University of Central Florida, and both play in the NFL after being drafted by the same team—but Shaquem did it all with just one hand.

Christine Brennan was the first woman sportswriter at The Miami Herald, the first woman to cover Washington’s NFL team as a staff writer at The Washington Post and is now the most widely read female sports columnist.

Running Time: 90 minutes followed by a Meet and Greet.

Saturday, Oct. 15, 7 p.m.
$25/$15 MCC district residents/$20 students and seniors

CHAMBER MUSIC

DISTRICT5
district5quintet.org

Daring, DC-based wind quintet.

Sunday, Nov. 20, 2 p.m.
$10/$5 MCC district residents
$7 students and seniors

MOVIES

PERFORMING ARTS FILMS

Free admission.

“Original Cast Album: Company” (NR, 53 mins.) and “Original Cast Album: Co-Op,” from the TV series “Documentary Now!” (TV-14, 24 mins.)
Thursday, Oct. 27, 1 p.m.

“Arlo Guthrie: Alice’s Restaurant 50th Anniversary Concert” (TV-G, 2 hrs.)
Thursday, Nov. 17, 1 p.m.

“Mariachi High” (TV-G, 55 mins.)
Thursday, Dec. 22, 1 p.m.

FOREIGN LANGUAGE FILMS

“The Dead Lands” (R, New Zealand)
Shown in the original Māori with English subtitles
Thursday, Nov. 3, 1 p.m.

“Au Hasard Balthazar” (NR, France)
Shown in the original French with English subtitles
Thursday, Dec. 1, 1 p.m.
(the) UNRULY THEATRE PROJECT

(the) Unruly Theatre Project (UTP) is The Alden’s professional teen improv company dedicated to bringing comedic performances to the community. Members audition to be in the company for one season and are paid for each performance or workshop they do for the community. Upcoming performances can be found at: mcleancenter.org/performing-arts/unruly-theatre-project.

(the) UNRULY THEATRE PROJECT 2022-23
COMPANY AUDITIONS

UTP’s season is late-September to May. Company members rehearse twice a week on Tuesdays and Thursdays from 7-9 p.m. UTP performs at local venues such as art galleries, the Old Firehouse Center and local cafés. Because UTP is a professional opportunity, attendance is crucial and company members serve in various support roles, including marketing, stage management and photography.

Audition Details
Open to 9th-12th Graders.
Open Auditions: Tues.-Wed., Sept. 20–21, 7-9 p.m.
Call Backs/Interviews: Thurs., Sept. 22, 7 p.m.
(By invitation only)

Preregistration is recommended and will be available on UTP’s website. Prepared monologues are not needed. Headshots and resumes are not necessary but are welcome.

Questions? Please contact Director of Youth Theatre Programs Danielle Van Hook at danielle.vanhook@fairfaxcounty.gov.

UPCOMING PERFORMANCES

Friday, Nov. 4, 7 p.m. at The Old Firehouse
Friday, Dec. 16, 7 p.m. at The Old Firehouse
Friday, Jan. 27, 7 p.m. at The Old Firehouse

Check the website for updates to the UTP schedule of performances.

COMMUNITY ARTS

THE ALDEN’S 2023 YOUTH PRODUCTION

Auditions: Tues.-Wed., Jan. 24-25, 7-9 p.m.
Call Backs: Thurs., Jan. 26, 7-9 p.m.
(By invitation only)
Actors who are cast in the show must pay a $150 participation fee.

Performances: Sat.-Sun., April 29-30, 2 p.m.
$10/$5 MCC district residents
$7 students and seniors

Back by popular demand! The Alden’s 2023 production will be a devised theater piece created by the actors in the show. The rehearsal process will involve improv games for idea generation and plot discovery, which then will be written into a brand-new script by the director and edited by the cast.

Anyone between the ages of 10-16 who lives in the MCC tax district (Small District 1A-Dranesville) can audition. The online audition form will be available in September. Please provide your availability on the audition dates and a 20-minute time block will be confirmed for you via email. Preregistration is not required, but strongly recommended as time slots fill up quickly.

For those cast, rehearsals are on Tuesdays, Wednesdays and Thursdays, 7-9 p.m., from February through April 20. The week of April 24 is tech week and, along with the performances, attendance is mandatory. Additional rehearsals may be required if deemed necessary by the director and producer. Because theater-making is a group activity, only limited conflicts with the rehearsal schedule are allowed and must be submitted by the audition date.

Questions? Please contact Director of Youth Theatre Programs Danielle Van Hook at danielle.vanhook@fairfaxcounty.gov.
BOX OFFICE
There are no regular box office hours at this time, but we offer concierge service to patrons who wish to purchase tickets in person. Please contact Patron Services Manager Evelyn Hill at 571-296-8385 or evelyn.hill@fairfaxcounty.gov to schedule your service.
The Alden Box Office is always open one hour prior to each ticketed performance.

PHONE
571-296-8385/TTY: 711

PAYMENT OPTIONS
Online
Visit aldentheatre.org and click the “Buy Tickets” button next to the event you wish to attend. MCC tax district residents will not be charged any ticketing fees.

By Mail
Mail ticket order forms to Alden Box Office, 1234 Ingleside Ave., McLean, VA 22101. The best available seats will be selected, and tickets will be held at the Box Office. Pay by check only.

RESIDENT DISCOUNTS
All patrons residing within the MCC tax district (Small District 1A-Dranesville) are eligible for a discount of at least 25% on all Alden-sponsored events. Residents do not pay any ticketing fees. Identification may be requested at the time tickets are purchased so that we may verify residency. For online purchases, please select the resident price from the drop-down menu when selecting your seat. Residents can buy tickets with the resident discount for their out-of-district guests. The ticket buyer must be a tax district resident to receive the discount.

ACCESSIBILITY INFORMATION
The Alden strives for all patrons to enjoy their visit. The Alden is fully ADA-compliant and will make arrangements for reasonable accommodations. If you require accommodations, we ask that you contact our Patron Services Manager Evelyn Hill at evelyn.hill@fairfaxcounty.gov or 571-296-8385 at least 14 working days prior to the date of the event you wish to attend.

LISTENING ASSISTANCE
Patrons may take advantage of the Alden’s infrared audio system, which can be used with or without a hearing aid. To request a device, please inquire at the Box Office when you arrive at the theater.

ACCESSIBLE SEATING
The Alden has as a limited seating area for those who use a wheelchair and their companions. Please call the Box Office or email evelyn.hill@fairfaxcounty.gov to order tickets and make arrangements 48 hour prior to the performance. Advance notice is requested and appreciated.

REFUNDS
Refunds can be issued up to one hour prior to curtain. Please contact Patron Services Manager Evelyn Hill at 571-296-8385 or evelyn.hill@fairfaxcounty.gov to request a refund.
For additional discounts and policies, please visit aldentheatre.org.

BECOME AN USHER!
Want to give back to your community while seeing fantastic shows and spending time with a great group of people? Have we got a job for you! Become a volunteer usher at The Alden. Contact Performing Arts Assistant Jeff Virchow at jeffrey.virchow@fairfaxcounty.gov.

Ticket Order Form • Alden Box Office • 571-296-8385
Mail to: Alden Box Office, 1234 Ingleside Ave., McLean VA 22101

Name: __________________________________________________________________________________________
Address: __________________________________________ City: __________________ State: ____ Zip: __________
Phone: ________________________________ Email: __________________________________________________________
Are you an MCC district resident?  ☐ YES  ☐ NO  (If you are not sure, see details on the contents page.)

<table>
<thead>
<tr>
<th>EVENT</th>
<th>DATE</th>
<th>TIME</th>
<th>QTY.</th>
<th>PRICE EA.</th>
<th>TOTAL</th>
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How would you like your tickets? (Check one.)  ☐ Print at home  ☐ Will call  ☐ I would like to subscribe to the monthly Alden E-newsletter.  TOTAL: $ ____________

Payment by check only.
THE OLD FIREHOUSE

MONDAY-FRIDAY, 9 A.M.–6 P.M. • 1440 CHAIN BRIDGE RD., McLEAN, VA. 22101
OLDFIREHOUSE.ORG • 703-448-TEEN (8336)

The Old Firehouse Center (OFC) provides an incredible experience and safe atmosphere for 7th-12th graders. Participants will enjoy exposure to new recreational activities and develop social skills under the supervision of professionally experienced staff members who facilitate organized activities, daily clubs and local trips. Teens can enjoy their time at the Old Firehouse after school, during school breaks and at our Friday night activities and trips.

OLD FIREHOUSE MEMBERSHIP

Memberships are open to 7th -12th Graders.

MEMBERSHIP BENEFITS

• Daily Snack and Drink
• Themed Clubs (Cooking, Fitness, Art, Gaming)
• Computer Lab Access
• Monthly Pet Therapy Sessions (Every 3rd Friday)
• Homework/Study Assistance
• Transportation from Cooper Middle School and Langley High School. Fairfax County Public Schools’ (FCPS) buses provide transportation from Longfellow Middle School and McLean High School.*
• Discounted Friday Night Trip Fees
• Valid until June 16, 2023

August 22, 2022-June 16, 2023, 2:30-6 p.m.
$325/$300 MCC district residents

*Please note that late FCPS bus pickup for Longfellow Middle School begins at 4:15 p.m. on Mondays, Wednesdays and Thursdays. Students are encouraged to utilize the FCPS late bus before calling the OFC for pickup. Otherwise, students must call OFC prior to 3:30 p.m. to arrange for same-day pickup. Any requests made after 3:30 p.m. will not be accommodated by OFC staff.

Registration for the 2022-2023 school year begins June 13, 2022.

To join, complete and sign an OFC Participant Contract and drop it and your payment off at OFC. Participant Contracts are available at the Old Firehouse and online. For additional information, visit oldfirehouse.org

FRIDAY NIGHT ACTIVITIES

Register your kids for our Friday Night Activities to enjoy a much-needed date night or come to our family programs for some wholesome fun. Old Firehouse members and non-members can register. Prices vary based on activity. Preregistration is highly recommended!

HAUNTED TRIP
Friday, Oct. 14, 4:30-10 p.m.
Activity No. 5301.222
$60/$50 OFC Members

SPORTING EVENT*
Friday, Dec. 2, 4-10 p.m.
Activity No. 5302.222
$60/$50 OFC Members

*Alternate trip to Zavazone will be planned if no sporting event is being held on this day.

5TH & 6TH GRADER PARTIES

MONSTER MASH
Friday, Oct. 21, 7–9:30 p.m.
Activity No. 4601.222
$35/$25 MCC district residents

UGLY SWEATER
Friday, Dec. 9, 7–9:30 p.m.
Activity No. 4602.222
$35/$25 MCC district residents

Old Firehouse 5th-6th Grader Parties are themed and decorated accordingly. Free catered food and beverages will be distributed to participants. Parties feature a DJ, an open dance floor and a variety of activities. Preregistration is recommended.

To volunteer: Parents who wish to volunteer for parties must submit an email request to Aaron Greene at oldfirehouse@mcleancenter.org. Please include your name, child’s name and home address. Volunteer hours are 6:30-9:15 p.m. Each parent volunteer receives one free admission for his or her child. Volunteer spots are limited.
FAMILY EVENTS AT THE OLD FIREHOUSE

FAMILY FUN BINGO
Join OFC for an evening of fun and prizes! Enjoy free popcorn and winners will take their pick of prizes!
Preregistration is recommended.
Friday, Sept. 9, 7-9:30 p.m.
Old Firehouse Center
Activity No. 4701.222
$15/$10 MCC district residents

SNACK & PAINT
Whether you are a beginner or an expert, love snacks or want to get your hands dirty with some paint, come on down to the Old Firehouse for our Snack & Paint night. Led by a professional art teacher, you will be able to create your own masterpiece with your family while having tons of fun doing so. All materials and snacks are included in the fee. Preregistration is recommended.
Friday, Nov. 18, 7-9 p.m.
Old Firehouse Center
Activity No. 4703.222
$15/$10 MCC district residents

OLD FIREHOUSE’S FESTIVAL OF FRIGHTS AND TRUNK OR TREAT
Calling all families of ghouls and goblins! Come join the Old Firehouse in your best Halloween costumes for a night of live music, games, food, contests and tons of candy!

Help Us and Have Fun! Families who wish to volunteer themselves and their vehicles for Trunk or Treat can submit an email request to oldfirehouse@mcleancenter.org. Please include your name and your trunk theme and submit your request by Friday, Sept. 30. Volunteer hours are 4:30-10:30 p.m. Each family will receive candy to distribute to the trunk or treaters. Volunteer spots are limited.
Saturday, Oct. 29, 5-10 p.m.
Activity No. 4702.222
Free for all participants. Preregistration is required.

LIGHT UP McLEAN HOLIDAY HOUSE DECORATING CONTEST
The Light Up McLean Holiday Decorating Contest is your opportunity to show off your home in all its holiday splendor! Think your holiday decorations are the best? Enter the competition and prove it! Your McLean neighbors will vote for the top two winners in the following categories:

1. Best Overall: Features an exceptionally attractive, unique and complete design that utilizes space and resources well.
2. Most Creative/Original: Features exceptional use of creative ideas and lots of originality is evident in the design.
3. Best Holiday Theme: Features eye-catching decorations that clearly communicate a fully conceptualized theme.

Families who register for the competition will receive a thank you gift from the Old Firehouse.
Register online at oldfirehouse.org or call OFC at 703-448-TEEN (8336).
Register Now! Deadline for House Decorators: Friday, Dec. 9
Contest and Voting Runs
December 19-January 1
Activity No. 4704.222
mcleancenter.org
32 Years of Serving the Community!

Old Firehouse Block Party
Saturday, Sept. 17, 1–4 p.m.

Entertainment, Giveaways, Games, Food, Amusements, Crafts and more...

mcleancenter.org
OLD FIREHOUSE FACILITY RENTALS

Have your next party or event at the Old Firehouse with access to our wide dance floor, game room and kitchenette. Reservations can be accepted six months in advance, on a first come, first served basis. For details, forms and rates, visit mcleancenter.org/teens/about/rentals or call 703-448-8336, TTY: 711.

### TEACHER WORKDAY TRIPS

<table>
<thead>
<tr>
<th>Date</th>
<th>Code</th>
<th>Trip Details</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, Sept. 26</td>
<td>8401.222</td>
<td>iFly &amp; Movie</td>
<td>$90/$80 MCC district residents</td>
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</tbody>
</table>

iFly is an indoor skydiving activity that has you floating in midair. Waiver required; food included.

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<tbody>
<tr>
<td>Monday, Oct. 31</td>
<td>8402.222</td>
<td>Thrills &amp; Chills Day</td>
<td>$60/$50 MCC district residents</td>
</tr>
</tbody>
</table>

Can you escape the horror-themed escape room or will you surrender? Waiver required; food included.

### WINTER BREAK TRIPS

<table>
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<tr>
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<tbody>
<tr>
<td>Monday, Dec. 19</td>
<td>8301.222</td>
<td>Summit Ropes &amp; Movie</td>
<td>$75/$65 MCC district residents</td>
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Adventure awaits you at the largest indoor ropes course in the U.S.! Waiver required; food included.

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<tbody>
<tr>
<td>Tuesday, Dec. 20</td>
<td>8302.222</td>
<td>Gaylord National Winter Event</td>
<td>$100/$90 MCC district residents</td>
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Gingerbread decorating, ice skating, snow tubing, ice bumper cars & more! Waiver required; food included.

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<th>Cost</th>
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<tbody>
<tr>
<td>Wednesday, Dec. 21</td>
<td>8303.222</td>
<td>Dave &amp; Buster’s</td>
<td>$70/$60 MCC district residents</td>
</tr>
</tbody>
</table>

Buffet lunch and a $25 game card with unlimited arcade game play are included in the fee.

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<th>Cost</th>
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<tbody>
<tr>
<td>Thursday, Dec. 22</td>
<td>8304.222</td>
<td>Hershey's Chocolate World</td>
<td>$100/$90 MCC district residents</td>
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</tbody>
</table>

Enter a chocolate utopia at Hershey’s Chocolate World!

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<th>Cost</th>
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<tbody>
<tr>
<td>Tuesday, Dec. 27</td>
<td>8305.222</td>
<td>Ultimate Archery &amp; Movie</td>
<td>$55/$45 MCC district residents</td>
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Come experience dodge ball in a completely new way—with archery! Waiver required; food included.

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<th>Cost</th>
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<tbody>
<tr>
<td>Wednesday, Dec. 28</td>
<td>8306.222</td>
<td>Autobahn &amp; Laser Tag</td>
<td>$90/$80 MCC district residents</td>
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Grab your helmet for a state-of-the-art indoor go-karting facility! Waiver required; food included.

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<tbody>
<tr>
<td>Thursday, Dec. 29</td>
<td>8307.222</td>
<td>Ice Skating &amp; VR Experience</td>
<td>$90/$80 MCC district residents</td>
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Come lace up your ice skates and glide around the rink with us. Waiver required; food included.

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<th>Cost</th>
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<tbody>
<tr>
<td>Friday, Dec. 30</td>
<td>8308.222</td>
<td>Splatter Paint Room &amp; Uptown Alley</td>
<td>$90/$80 MCC district residents</td>
</tr>
</tbody>
</table>

Cut loose and throw paint at a canvas to create some unique creations. Food included.
IN CASE YOU MISSED IT!

BUBBLE FUN RUN
Saturday, June 4, 2022

SENSORS IN ACTION
DANCE DEMO
Wednesday, April 27, 2022

ALDEN YOUTH PRODUCTION:
“THE ACCIDENT”
Saturday, March 12, 2022
IN CASE YOU MISSED IT!

SENSORY AWARENESS DAY AT OFC
Wednesday, April 27, 2022

McLEAN DAY
Saturday, May 21, 2022

(the) UNRULY THEATRE PROJECT AT IMPROVICON 2022
Saturday, May 7, 2022

OFC SPRING BREAK TRIP: AUTOBAHN
Thursday, April 7, 2022

DON’T MISS OUT ON OUR UPCOMING EVENTS.
Sign up for our weekly newsletter by scanning above, or visit:
mcleancenter.org
ANNE McAFEES
Human Resources Manager

When you come to work at MCC, Human Resources Manager Anne McAfee will make sure you have everything you need to get started. In her 15th year at MCC, McAfee’s wide-ranging responsibilities include, but are not limited to, recruitment, onboarding, performance management, employee relations and federal, state and county policy compliance.

McAfee graduated with a degree in History from the University of Virginia in 2007. While having worked full time for the last 13 years, dating back to 2009, she began her time at MCC in June of 2007 in a part-time position with the Programs and Administrative Divisions working on registration, reception, finance and more. In addition to her current responsibilities, McAfee also has a hand in finance and procurement and even serves as a chaperone for the Old Firehouse Center trips when needed.

A perk of McAfee’s job—which she says happens to be her favorite part about working at MCC—is being involved. “I like being in the know about what is happening in my community, meeting and working with the people who make it happen, working in a creative atmosphere and helping our patrons get to know the Center better.” Being involved at MCC is something that goes far back. She was four weeks old on her first visit to the Center with her mother, retired MCC 33-year employee Mary Anne Hampton. It’s even believed that she had the first birthday party ever held at MCC!

When not in the office, McAfee loves to watch sports and is a fan of the Nationals, Orioles, Commanders, Capitals and UVA Cavaliers Basketball. She also enjoys listening to music and working on her family’s genealogy and has spent hours in libraries and old courthouses. Something you may not know about her is that she recently assisted British author Lee Cook, the foremost authority and historian on the U.S. Navy F4U Corsair Fighter Unit VF-17 “The Jolly Rogers,” with photos of her father’s uncle, Harry March, Jr. Cook is writing a book based on March’s WWII diary, entitled “Dirty Eddie’s War.”

McAfee can be contacted at 703-744-9371 or by email at anne.mcafee@fairfaxcounty.gov.
Senior Discounts

- Seniors (age 60 and older) are eligible to receive a 10% discount on classes of $50 or more, except where noted.

Materials Fee

- All materials fees are due at the time of registration. If paying by check, please make payable to McLean Community Center, unless otherwise noted.

Refund Policy

- All withdrawals, refund requests must be submitted in writing to registrar@mcleancenter.org.
- Patrons who submit refund requests 14 days or more before the designated open date of a class or activity will be granted a refund. Refunds requested less than 14 days before the designated open date of a class or activity will not be granted.

Fee Waivers

- MCC offers fee waivers to qualified tax district residents.
- MCC offers fee waivers to qualified tax district residents requesting to participate in programs or services at a reduced rate or at no cost. For more information on how to apply for a fee waiver, contact the MCC Registrar at 703-744-9365, TTY: 711, or by email at registrar@mcleancenter.org.

Restrictions

- Once a class, camp, or activity is in session, refunds may be granted only for medical reasons or for extenuating circumstances as determined by the General Programs Director and the Registrar. Medical requests must be accompanied by a doctor’s note (verification).

Absences from Class

- The Center is not obligated to make up classes due to absences and personal scheduling conflicts. However, each instructor has her/his own make-up policy; arrangements for make-up classes are scheduled through individual instructors. Please do not contact the Center.

General Information

Holidays & Inclement Weather

- See MCC’s holiday schedule on our website (mcleancenter.org).

The class program follows Fairfax County Public Schools’ inclement weather policy. In case of inclement weather, check our website (mcleancenter.org), call 703-790-0123, TTY: 711 (hearing impaired), or listen for cancellation information on local radio stations.

Classes canceled due to inclement weather will be rescheduled, if possible. If not, a prorated refund will be issued.

Accomodations

- To make arrangements for accommodations in accordance with the Americans with Disabilities Act (ADA), please mark the appropriate box on the registration form so the Center may contact you to ascertain your needs.
- Request should be made no fewer than 14 working days prior to the start date of the class or activity by calling Michael Fisher at 703-744-9247.

- Financial Assistance: When registering for a class or purchasing tickets to an Alden Theatre performance, you can request to receive a subsidy by writing to: programs@mcleancenter.org. For purposes of public accountability, we will ask that you sign an affidavit to document your stated need.

Early Registration Discount

- Register for any class or event between August 8–14 and receive 10% off your registration fees. Cannot be combined with any other offers.

The Friends of the McLean Community Center founded and helped support development of the Center. Today, they remain committed to helping support its many programs and activities. If you enjoy the MCC and want to amp up your appreciation and involvement in Center endeavors, then join Friends today. Become a part of this legacy of achievement and support Friends with your $25 tax-deductible membership. In appreciation, Friends members receive special benefits as pre-sales and registrations allow.

Join & Learn More at: www.FriendsMCC.com

mcleancenter.org
COMING SOON TO


“DANNY CARMO’S MATHEMATICAL MYSTERIES”
Feb. 10

MAKIN’ CAKE
March 18

SPRING COMMUNITY PARKING LOT SALE
April 15

WINDMILL THEATRE COMPANY: “HICCUP!”
April 23

SPRING FEST
March 23

LATIN AMERICAN FESTIVAL
March 18

WE’LL SEE YOU THERE!

703-790-0123 | TTY: 711
Please make checks payable to McLean Community Center.
Staple checks for class fees to this form.
Mail or bring form to: McLean Community Center, 1234 Ingleside Ave., McLean, VA 22101.
To register online or to submit an application by e-mail, visit our website: www.mcleancenter.org.
PHONE: 703-744-9365, TTY: 711

Adult or Parent Name) LAST FIRST D.O.B.

HOME PHONE

ADDRESS

WORK PHONE

CITY STATE ZIP

☐ MCC TAX DISTRICT RESIDENT ☐ NONRESIDENT CELL PHONE (optional)

Have you registered to receive our e-mail newsletter? ☐ YES ☐ NO
Would you like to? ☐ YES ☐ NO

How did you hear about this class/activity? _______________________________________________

Name as it appears on card (please print): ___________________________________________________

☐ MC ☐ AMEX Credit Card # ____________________________

☐ VISA ☐ DISCOVER

Expiration date

SAVE 10% Register for any class or event between Aug. 8–14 and receive 10% off your registration fees. Cannot be combined with any other offers.

REGISTRATION BEGINS: Monday, Aug. 8, 2022

Check here if ADA accommodation is needed. ☐

To become a member of Friends of the McLean Community Center, you may charge your $25 tax-deductible membership at www.FriendsMCC.com or you may enclose a separate check made payable to Friends of MCC with this registration.

The McLean Community Center reserves the right to photograph and videotape all of its activities, events, classes, programs and facilities for promotional purposes.
I have read and agree to participate in the activity/event according to the registration procedures stated on page 51: _______

(Please initial here)
HERE’S WHAT OUR PATRONS SAY...

SUZUKI DUO
“A marvelous concert. Very much enjoyed the Suzukis’ artistry, technique, musical selections, and their accessibility as fellow humans.”

SENIORS IN ACTION
IKEBANA WORKSHOP
“I can already imagine doing arrangements from the seasonal flowers and foliage that I have in my yard.”

LES BALLETSTROCKADERO
DE MONTE CARLO
“The performance was fantastic, and was aided by both the atmosphere and intimacy of the venue. It was an all-round wonderful evening.”

THE OLD FIREHOUSE CENTER
“Congratulations to you for having [your staff member] in a position that means so much to parents. I will share with my friends and family so they know the great value of Old Firehouse Teen Center.”